# **Heart Failure Admission Rate - PQI 08**

## **Description of Measure**

Hospitalizations with a principal diagnosis of heart failure per 100,000 beneficiary months for beneficiaries age 18 and older.

Note: A lower rate indicates better performance.

### **Numerator Compliance**

All inpatient hospital discharges for beneficiaries age 18 and older with ICD-10-CM principal diagnosis code for heart failure.

### **Exclusions**

Exclusions	Time limit
<ul> <li>Transfer from a hospital (different facility), a Skilled Nursing Facility (SNF) or Intermediate Care Facility (ICF), hospice facility, or another health care facility</li> <li>Discharges with an ungroupable DRG (DRG = 999)</li> <li>Discharges with missing age (AGE = missing), year (YEAR = missing), or principal diagnosis (DX1 = missing)</li> <li>Cases with any listed ICD-10-CM diagnosis codes for cystic fibrosis and anomalies of the respiratory system</li> </ul>	Any time during measurement year (MY)

#### **Strategies for Success**

- Assess for appropriate heart failure chronic condition management. Prescribe or adjust heart failure medications as appropriate. Schedule frequent follow-up visits, and provide a plan for the patient to contact/ visit the provider when symptoms worsen.
- Arkansas Blue Cross case management is available to patients for assistance and education between visits by calling 800-225-1891.
- If getting to the doctor's office is difficult, telehealth is an easy way to follow-up with a provider at home in between PCP visits. For ARHOME members, view virtual care options like Teladoc on Blueprint Portal (blueprintportal.com/login) or go to myvirtualhealth.com to create an account and schedule a virtual visit.
- ARHOME members can earn Blue Wellness Rewards by attending follow-up appointments for heart failure
  and/or working with case management. Visit <u>BlueWellnessRewards.Healthmine.com</u> and register or login or
  call 800-800-4298 to sign up with a customer service representative

#### Resources

I. Core Set of Adult Health Care Quality Measures for Medicaid (Adult Core Set) -Technical Specifications and Resource Manual for 2025 Core Set Reporting

