

# Antidepressant Medication Management (AMM)

## Description of Measure

The percentage of members age 18 and older who were treated with antidepressant medication, had a diagnosis of major depression and who remained on an antidepressant medication treatment from May 1 of the year prior through April 30 of the measurement year. Two rates are reported:

- **Effective Acute Phase Treatment:** The percentage of members who remained on an antidepressant medication for at least 84 days (12 weeks) beginning on the date a new\* antidepressant medication was prescribed
- **Effective Continuation Phase Treatment:** The percentage of members who remained on an antidepressant medication for at least 180 days (six months) beginning on the date a new\* antidepressant medication was prescribed

*\*Newly treated with antidepressant medication means the member had no claims for an antidepressant medication for a period of 105 days prior to when the new antidepressant medication was prescribed.*

## Antidepressant Medications

Prescription			Description
▪ Bupropion	▪ Vortioxetine	▪ Vilazodone	Miscellaneous antidepressants
▪ Selegiline ▪ Tranylcypromine	▪ Phenelzine	▪ Isocarboxazid Phenelzine	Monoamine oxidase inhibitors
▪ Nefazodone	▪ Trazodone		Phenylpiperazine antidepressants
▪ Amitriptyline-chlordiazepoxide ▪ Amitriptyline-perphenazine	▪ Fluoxetine-olanzapine		Psychotherapeutic combinations
▪ Desvenlafaxine ▪ Duloxetine	▪ Levomilnacipran ▪ Venlafaxine		SNRI antidepressants
▪ Citalopram ▪ Escitalopram	▪ Fluoxetine ▪ Fluvoxamine	▪ Paroxetine ▪ Sertraline	SSRI antidepressants
▪ Maprotiline	▪ Mirtazapine		Tetracyclic antidepressants
▪ Amitriptyline ▪ Amoxapine ▪ Clomipramine	▪ Desipramine ▪ Doxepin (>6 mg) ▪ Imipramine	▪ Nortriptyline ▪ Protriptyline ▪ Trimipramine	Tricyclic antidepressants



## Measure Compliance

### Visit Types with a Diagnosis of Major Depression

- An acute or nonacute inpatient stay
- An observation visit; an emergency department visit
- An outpatient visit; behavioral health outpatient; a community mental health center visit
- A telehealth visit; an e-visit or virtual check-in

Codes	Definition
<b>ICD-10-CM:</b> F32.0 – F32.4; F32.9; F33.0 – F33.3; F33.41; F33.9	<b>Major Depression</b>

### Exclusions

Exclusions	Time limit
<ul style="list-style-type: none"><li>■ Members who use hospice services or elect to use a hospice benefit</li><li>■ Members who die</li></ul>	Any time during measurement year (MY)

### Exclusion Codes

Exclusions	Definition
<b>HCPCS:</b> G0182, G9475 - G9479, Q5003 - Q5008, Q5010, S9126, T2042 - T2046 <b>CPT:</b> 99377, 99378	<b>Hospice Care</b>

### Strategies for Success

- Change mental health prescription to a 90-day supply OR start utilizing medication synchronization at any pharmacy (filling your medications together) to pick up all maintenance medications on a set day each month.
- Use delivery services instead of making a trip to the pharmacy. To start using mail order, go to My Blueprint portal ([blueprintportal.com/login](https://blueprintportal.com/login)), click pharmacy and go to the pharmacy center to submit medications for mail order. Or, call **800-969-3983** to begin. Alternatively, use local pharmacy delivery services via a pharmacy that offers local delivery.
- \*ARHOME members can earn Blue Wellness Rewards by using tools to help remember to take mental health medications (antidepressants and antipsychotics). Visit [BlueWellnessRewards.Healthmine.com](https://BlueWellnessRewards.Healthmine.com) and register or login or call **800-800-4298** to sign up with a customer service representative to see what rewards are recommended.

### Resources

- I. National Committee for Quality Assurance, HEDIS® Measurement Year 2025 Volume 2 Technical Specifications for Health Plans



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