

Follow-up After Hospitalization for Mental Illness (FUH)

Description of Measure

The percentage of discharges for members 6 years of age and older who were hospitalized for a principal diagnosis of mental illness, or any diagnosis of intentional self-harm, and had a mental health follow-up service. Two rates are reported!:

1. The percentage of discharges for which the member received follow-up within 30 days after discharge.
2. The percentage of discharges for which the member received follow-up within 7 days after discharge.

Documentation

For both indicators, any of the following meet criteria for a follow-up visit:

- An outpatient visit **with** a mental health provider.
- An outpatient visit **with** any diagnosis of mental health disorder.
- An outpatient visit **with** a mental health provider.
- An outpatient visit **with** any diagnosis of mental health disorder.
- An intensive outpatient encounter or partial hospitalization.
- An intensive outpatient encounter or partial hospitalization.
- A community mental health center visit **with** POS code 53.
- Electroconvulsive therapy.
- A telehealth visit: **with** a mental health provider.
- A telehealth visit: **with** any diagnosis of mental health disorder.
- Transitional care management services **with** a mental health provider.
- Transitional care management services **with** any diagnosis of mental health disorder.
- A visit in a behavioral healthcare setting .
- A telephone visit **with** a mental health provider.
- A telephone visit **with** any diagnosis of mental health disorder.
- Psychiatric collaborative care management.
- Peer support services **with** any diagnosis of mental health disorder.
- Psychiatric residential treatment.

Codes	Descriptions
CPT: 98960-98962, 99078, 99202-99205, 99211-99215, 99242-99245, 99341-99432, 99344- 99345, 99347-99350, 99381-99387, 99391-99397, 99401-99404, 99411-99412, 99483, 99492- 99494, 99510 HCPCS: G0155, G0176-G0177, G0409, G0463, G0512, H0002, H0004, H0031, H0034, H0036, H0037, H0039-H0040, H2000, H2010-H2011, H2013-H2020, T1015	Behavioral Health Outpatient
CPT: 98966-98968, 99441-99443	Telephone Visit
90791-90792, 90832-90834, 90836-90840, 90845, 90847, 90849, 90853, 90875-90876, 99221-99223, 99231-99233, 99238-99239, 99252-99255 With POS code(s): 03, 05, 07, 09, 11-20, 22, 33, 49 50, 52 53, 56, 71, 72	Outpatient Visit
HCPCS: G0410, G0411, H0035, H2001, 212; S201, S9480, S9484, S9485	Intensive Outpatient or Partial Hospitalization
CPT: 90870 ICD10PCS: GZB0ZZZGZB4ZZZ POS Code: 24, 52, 53	Electroconvulsive Therapy (must also include outpatient setting code and POS code)
HCPCS: G0140, G0177, H0024, H0025, H0038-H0040, H0046, H0214, H2023, S9445, T1012, T1016	Peer Support Services
HCPCS: H0017-H0019, T2049	Psychiatric Residential Treatment

Exclusions

Exclusions	Time Limit
<ul style="list-style-type: none"> Members in hospice or using hospice services Member deceased 	Any time during measurement year (MY)

Strategies for Success

- Encourage members to bring their discharge paperwork to their first appointment.
- Educate members about the importance of following up and adhering to treatment recommendations.
- Use the same diagnosis for mental illness at follow-up visits. A non-mental illness diagnosis code will not fulfill this measure.
- Coordinate care between behavioral health and primary care physicians:
 - Share progress notes and updates.
 - Include the diagnosis for mental illness.
 - Reach out to members who cancel appointments and help them reschedule as soon as possible.

- Visit mymindhhelp.com/finding-a-provider/ to learn more about mental health provider options. To find a provider, visit secure.arkansasbluecross.com/Findcare/Default.aspx#/ChooseNetwork.
- To schedule a virtual visit with a mental health provider through Teladoc Mental Health Complete. View virtual care options on Blueprint Portal (blueprintportal.com/login) or go to myvirtualhealth.com to create an account and schedule a virtual visit.
- For help connecting to care, call **800-225-1891** to speak with an Arkansas Blue Cross case manager. For post-discharge and assistance after hours, call Lucet at **877-801-1159**.
- *ARHOME members can earn \$100 in Blue Wellness Rewards by completing a follow-up visit within 30 days of a mental health or substance use disorder ED or hospital visit. Visit BlueWellnessRewards.Healthmine.com and register or login or call **800-800-4298** to sign up with a customer service representative to see what rewards are recommended.

Resources

- I. National Committee for Quality Assurance, HEDIS® Measurement Year 2025 Volume 2 Technical Specifications for Health Plans



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