

# Follow-Up After Emergency Department Visit for Substance Abuse (FUA)

## Description of Measure

The percentage of emergency department (ED) visits among members aged 13 years and older with a principal diagnosis of substance use disorder (SUD), or any diagnosis of drug overdose, for which there was follow-up<sup>1</sup>. Two rates are reported:

- The percentage of ED visits for which the member received follow-up within 30 days of the ED visit (31 total days).
- The percentage of ED visits for which the member received follow-up within 7 days of the ED visit (8 total days).

## Documentation

### Alcohol Use Disorder Treatment Medications

Description	Prescription
Aldehyde dehydrogenase inhibitor	■ Disulfiram (oral)
Antagonist	■ Naltrexone (oral and injectable)
Other	■ Acamprosate (oral; delayed-release tablet)

### Opioid Use Disorder Treatment Medications

Description	Prescription
Antagonist	■ Naltrexone (oral and injectable)
Partial agonist	■ Buprenorphine (sublingual tablet, injection, implant)* ■ Buprenorphine/naloxone (sublingual tablet, buccal film, sublingual film)

\*Buprenorphine administered via transdermal patch or buccal film is not included because it is FDA-approved for the treatment of pain, not for opioid use disorder.

For both indicators, any of the following meet criteria for a follow-up visit:

- An outpatient visit with any diagnosis of SUD, substance use or drug overdose.
- An outpatient visit with a mental health provider.
- An outpatient visit with any diagnosis of SUD, substance use or drug overdose.
- An outpatient visit with a mental health provider.
- An intensive outpatient encounter or partial hospitalization with POS code 52 with any diagnosis of SUD substance use or drug overdose.



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- An intensive outpatient encounter or partial hospitalization with POS code 52 with a mental health provider.
- An intensive outpatient encounter or partial hospitalization with any diagnosis of SUD , substance use or drug overdose.
- An intensive outpatient encounter or partial hospitalization with a mental health provider.
- A non-residential substance abuse treatment facility visit with any diagnosis of SUD, substance use or drug overdose.
- A non-residential substance abuse treatment facility visit with a mental health provider.
- A community mental health center visit with POS code 53 with any diagnosis of SUD, substance use or drug overdose.
- A community mental health center visit with POS code 53, with a mental health provider.
- A peer support service with any diagnosis of SUD, substance use or drug overdose.
- An opioid treatment service that bills monthly or weekly with any diagnosis of SUD, substance use or drug overdose.
- A telehealth visit with any diagnosis of, substance use or drug overdose.
- A telehealth visit with a mental health provider.
- A telephone visit with any diagnosis of SUD, substance use or drug overdose.
- A telephone visit with a mental health provider.
- An e-visit or virtual check-in with any diagnosis of SUD, substance use or drug overdose.
- An e-visit or virtual check-in with a mental health provider.
- A substance use disorder service.
- Substance use disorder counseling and surveillance. Do not include laboratory claims (claims with POS code 81).
- A behavioral health screening or assessment for SUD or mental health disorders.
- A substance use service.
- A pharmacotherapy dispensing event (Alcohol Use Disorder Treatment Medications List; Opioid Use Disorder Treatment Medications List) or medication treatment event.

Codes	Descriptions
CPT: 98960-98962, 99078, 99202-99205, 99211-99215, 99242-99245, 99341-99432, 99344- 99345,99347-99350, 99381-99387, 99391-99397, 99401-99404, 99411-99412, 99483, 99492- 99494, 99510  HCPCS: G0155, G0176-G0177, G0409, G0463, G0512, H0002, H0004, H0031, H0034, H0036, H0037, H0039-H0040, H2000, H2010-H2011, H2013-H2020, T1015	Behavioral Health Outpatient
CPT: 98966-98968, 99441-99443	Telephone Visit
90791-90792, 90832-90834,90836-90840, 90845, 90847, 90849, 90853, 90875-90876, 99221-99223, 99231-99233, 99238-99239, 99252-99255	Outpatient Visit or Telehealth

## Exclusions

Exclusions	Time Limit
<ul style="list-style-type: none"><li>Members in hospice or using hospice services</li><li>Member deceased</li><li>ED visits that result in an inpatient stay</li><li>Acute or non-acute inpatient care setting on the date of the ED visit, regardless of the reason for admission</li></ul>	Any time during measurement year (MY)

## Strategies for Success

### ■ Tips for Emergency Departments

- Help our members schedule an in-person or telehealth visit within 7 days.
- Educate members about the importance of following up with treatment.
- Focus on member preference for treatment, allowing members to take ownership of the treatment process

### ■ Tips to consider for providers

- Encourage members to bring their discharge paperwork to their first appointment.
- Educate members about the importance of following up and adhering to treatment recommendations.
- Use the same diagnosis for substance use at follow-up visits. A non-substance diagnosis code won't fulfill this measure.
- Coordinate care between behavioral health and primary care physicians:
- Share progress notes and updates.
- Include the diagnosis for substance use disorder.
- Reach out to members who cancel appointments and help them reschedule as soon as possible.
- To find a provider, visit [secure.arkansasbluecross.com/Findcare/Default.aspx#/ChooseNetwork](https://secure.arkansasbluecross.com/Findcare/Default.aspx#/ChooseNetwork)
- \*ARHOME members, to attend a virtual visit for follow-up, access virtual care options on Blueprint Portal and attend a Teladoc Mental Health Complete visit ([myvirtualhealth.com](https://myvirtualhealth.com)).
- \*ARHOME members can earn \$100 in Blue Wellness Rewards by completing a follow-up visit within 30 days of a mental health or substance use disorder ED or hospital visit. Visit [BlueWellnessRewards.Healthmine.com](https://BlueWellnessRewards.Healthmine.com) and register or login or call **800-800-4298** to sign up with a customer service representative to see what rewards are recommended.

## Resources

- I. National Committee for Quality Assurance, HEDIS® Measurement Year 2025 Volume 2 Technical Specifications for Health Plans

