

Weight Assessment and Counseling for Nutrition and Physical Activity for Children and Adolescents (WCC)

Description of Measure

Percentage of members ages 3 – 17 who had an outpatient primary care provider or OB/GYN and had evidence of the following during the measurement year (MY):¹

- Body mass index (BMI) percentile
- Counseling for nutrition
- Counseling for physical activity

Exclusions

Patients are excluded if they:

- In hospice or using hospice services in MY
- Members who have died in MY
- Members with a diagnosis of pregnancy in MY

Documentation

- The following medical detail includes, but not limited to:
 - Growth charts
 - History and physical
 - Progress notes
 - Vital sheet
 - Check lists
- The following documentation meets criteria for both nutritional counseling and physical activity:
 - Weight or obesity counseling
 - Counseling for eating disorders
 - 9-5-2-1-0 or 5-2-1-0
- BMI documentation must include:
 - Body Mass Index or BMI, and
 - Percentile or %
- Nutritional Counseling:
 - Discussion of current nutrition behaviors
 - Counseling or referral for nutrition education
 - Anticipatory guidance
 - Documentation that the member received or was provided educational materials during the visit

- Physical Activity Counseling:
 - Exam for sports participation
 - Discussion of current physical activity
 - Discussion of participation in sports activities
 - Documentation that the member received or was provided educational materials during the visit

Codes

BMI Percentile	
ICD-10 Diagnosis	Z68.51, Z68.52, Z68.53, Z68.54
Counseling for Nutrition	
CPT/ CPTII	97802, 97803, 97804
ICD-10 Diagnosis	Z71.3
Counseling for Physical Activity	
ICD-10 Diagnosis	Z02.5, Z71.82

Tips for Success	<ul style="list-style-type: none"> ■ A BMI percentile or BMI percentile plotted on an age growth chart meets compliance. A BMI value will not meet compliance for this age range. Always record members height and weight in the medical record. ■ BMI percentile ranges or thresholds will not meet compliance. ■ Weight assessment and counseling for nutrition and physical activity can be completed at any appointment, not just well-child visits. However, services specific to an acute or chronic conditions will not meet compliance for counseling for nutrition or physical activity.

Resources

- I. National Committee for Quality Assurance, HEDIS® Measurement Year 2023 Volume 2 Technical Specifications for Health Plans