

STATIN THERAPY FOR PATIENTS WITH CARDIOVASCULAR DISEASE (SPC)

Effectiveness of Care HEDIS® Measure

Measurement definition

Male patients ages 21-75 and female patients ages 40-75 who are identified as having clinical atherosclerotic cardiovascular disease (ASCVD) and who were dispensed at least one high-intensity or moderate-intensity statin medication.

Exclusions

Patients are excluded if they:

- Cannot tolerate statin medications, as evidenced by a claim for myalgia, myositis, myopathy or rhabdomyolysis during the measurement year.
- Received hospice care during the measurement year.
- Have end-stage renal disease (ESRD) or dialysis in the measurement year or the year prior to the measurement year.
- Have cirrhosis in the measurement year or the year prior to the measurement year.
- Are age 66 and older with advanced illness and frailty (for additional definition information, see the Advanced Illness and Frailty Guide).

Information that patient medical records should include

For patients are not able to tolerate statin medications and are excluded from the measure, submit a claim using the appropriate ICD-10-CM code:

Condition	ICD-10-CM Code
Myalgia	M79.1, M79.10-M79.12, M79.18
Myositis	M60.80-M60.819; M60.821-M60.829; M60.831-M60.839; M60.841-M60.849; M60.851-M60.859; M60.861– M60.869; M60.871 M60.879; M60.88-M60.9
Myopathy	G72.0, G72.2, G72.9
Rhabdomyolysis	M62.82

Tips for success

Prescribe a high-intensity or moderate-intensity statin medication during the measurement year to patients diagnosed with ASCVD.

Note: Adherence results are based on statin prescription claims, so if patients are given medication samples and they delay filling the statin prescription, it could skew measurement data make it appear that you are not adhering to this care standard

Condition	ICD-10-CM Code	
High-intensity	<ul style="list-style-type: none"> Amlodipine-atorvastatin 40-80 mg Rosuvastatin 20-40 mg 	<ul style="list-style-type: none"> Simvastatin 80 mg*
Moderate-intensity	<ul style="list-style-type: none"> Atorvastatin 10-20 mg Amlodipine-atorvastatin 10-20 mg Rosuvastatin 5-10 mg Simvastatin 20-40 mg Ezetimibe-simvastatin 20-40 mg 	<ul style="list-style-type: none"> Pravastatin 40-80 mg Lovastatin 40 mg Fluvastatin 40-80 mg Pitavastatin 2-4 mg**

*Based upon findings in the SEARCH trial, the FDA recommends restricting the use of Simvastatin 80 mg to patients chronically using this dosage without any symptoms of muscle injury. This dose should not be used in the initiation of statin therapy.

**Pitavastatin is a non-formulary drug.

Tips for talking with patients

- Educate your patients on the importance of statin medication adherence.
- Remind them to contact you if they think they are experiencing adverse effects.
- Once a patient demonstrates they tolerate statin therapy, encourage them to obtain a 90-day supply from their pharmacy.



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