## **Authorization for release of information**

| l,   | hereby authorize Arkansas Blue Cross and Blue Shield, their                |
|--|--|
| directors, officers, employees and agents, t   | o disclose to  |
| all information or data in any form, whethe    | r oral, written, electronic, video, or computer data, which relates to     |
| or references                                  | .The information which I hereby authorize                                  |
| to be disclosed shall include, but shall not b | pe limited to any information showing, relating to or arising from: (I)    |
| any benefit claims, or the processing, paym    | nent, denial or appeal of such claims; or (ii) the services provided by    |
| Arkansas Blue Cross and Blue Shield; or (iii   | ) any medical records, notes, or documents of any kind; or (iv) any        |
| communications, notes or statements of an      | y person or entity regarding or relating to any of the foregoing. This     |
| authorization shall remain valid and effectiv  | ve until such time as I have delivered written notice to either the person |
| at Arkansas Blue Cross and Blue Shield who     | o obtained this authorization from me or to an officer of Arkansas Blue    |
| Cross and Blue Shield that I intend to revok   | e the authorization. I understand and agree that this authorization shall  |
| apply to all information disclosed by Arkans   | sas Blue Cross and Blue Shield prior to the time that my written notice    |
| of revocation is actually received by either t | the person who obtained it from me or an officer of Arkansas Blue          |
| Cross and Blue Shield, as referenced above     | 4.   |
|  |  |
| Signature                                      |  |
|  |  |
| Date signed (mm/dd/yyyy)                       |  |
| Print name                                     |  |
| Member ID number                               |  |

## The request must be mailed or faxed to:

Arkansas Blue Cross and Blue Shield Attn: Customer Service PO Box 2181 Little Rock, AR 72203

For Metallic Plan Members (Gold, Silver, Bronze Catastrophic)

Fax Number: 501-378-2562

For all other members (including dental and non-metallic medical plans):

Fax Number: 501-378-2058

