

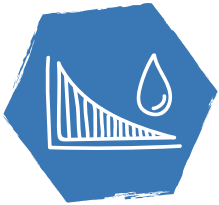
A benefit for members with a diagnosis of diabetes

blueprint

Health

A diagnosis of diabetes can cause concern and bring many questions. The more you know, the better you can manage diabetes. If you have recently been diagnosed with diabetes it's important to keep your blood sugar (glucose levels) as close to normal as possible.

Why is testing blood sugar levels important?



- Testing is important in order to control your diabetes.
- Logging blood-sugar levels and health information provides an overall picture of how your diabetes plan is working.
- Your healthcare professional will use blood sugar information to decide whether to adjust your plan for better control of your diabetes.

Arkansas Blue Cross and Blue Shield encourages you to perform this important testing — as prescribed by your physician — by offering a blood glucose testing supply benefit.



What is the benefit?

The deductible is waived for blood glucose testing supplies (lancets and testing strips only) when purchased from a durable medical equipment (DME) provider for Arkansas Blue Cross members. Coinsurance and/or copays are still the responsibility of the member as described in your benefit document.

You can access this information in Blueprint Portal at blueprintportal.com. Sign in or register, select **Menu**, **Care History** then **Coverage & Copays**.

How do I participate?

Members must be enrolled with and engaged with a case manager to receive this benefit. To enroll with a case manager call **800-225-1891**.

When is the benefit effective?

The benefit is effective upon your enrollment with a case manager. Your deductible for diabetic testing supplies (**lancets and strips**) will be automatically waived the month after your enrollment with a case manager. **Supplies must be purchased through a durable medical equipment provider for the waiver to apply.**

Questions? Call 800-225-1891



Arkansas
BlueCross BlueShield
An Independent Licensee of the Blue Cross and Blue Shield Association

Please note: The information included is meant for health education purposes. We do not offer medical advice or medical services. Always consult your treating physician(s) for any medical advice or services you may need. You, as a member, are responsible for selecting providers, services or products. Please check your member benefits for coverage of services. All information furnished by you is kept strictly confidential and only used to provide us with information necessary for participation in these programs.

00344.02.01-0522