

Lower your drug cost with maintenance choice

Maintenance Choice®, a program that offers you choice and savings. Now you and your family can receive a 90-day supply of long-term medication(s) through CVS Caremark Mail Service Pharmacy, a CVS or Target retail pharmacy.



Two ways to save on your long-term medications



CVS Caremark Mail Service Pharmacy

- Easy delivery to your home or other location that works for you
- Medicine arrives in private, tamper-resistant, and when needed, temperature-controlled packaging
- Automatic refill options help you stay on track
- Manage your prescriptions and track orders 24/7

To begin home delivery service, call the toll-free number listed on the back of your Arkansas Blue Cross and Blue Shield member ID card and have your ID card, mailing information, long-term medicine name, dosage, prescription payment method and doctor's information ready. Caremark will contact your doctor to provide a new prescription. Discount drug cards and/or coupons cannot be used with CVS Caremark Mail Service Pharmacy.



CVS or Target retail pharmacy

- Pick up your medicine on your schedule
- Enjoy same-day prescription pick up
- Talk with a pharmacist in person
- Pharmacies within **Target stores** are also available and are operated by CVS. Either way, your copayment will be the same.



To Select Pharmacy Pick-up

- Visit your local CVS or Target retail pharmacy and talk to a pharmacist
or
- Call the toll-free number for Pharmacy Customer Service listed on the back of your member IDcard



Arkansas
BlueCross BlueShield

An Independent Licensee of the Blue Cross and Blue Shield Association

Maintenance Choice® FAQ

Can my provider e-prescribe my long-term medications?

Yes. Many prescriptions are “written” electronically and submitted directly to a pharmacy. If your physician calls, faxes or e-prescribes a prescription to the CVS Caremark Mail Service Pharmacy, it will be filled and shipped to your home with the address and information on file.

How can I pay for my medications?

Acceptable payment methods include credit/debit card, checking account and health savings account (HSA).

Are there any refill limitations?

- Before a prescription can be refilled through a retail or mail pharmacy, 75 percent of the quantity must be depleted
- For example, if your prescription was filled today at a retail pharmacy for a 30-day supply, a mail order prescription for the same medication will not be filled until approximately 22 days have passed
- Prescriptions for 90-day supplies may be refilled up to three weeks prior to the depletion date

Can I have prescriptions shipped to more than one address?

- Dependents who reside in different locations from the primary policyholder must have their address on file.
- By calling the Pharmacy customer service number on the back of your member ID card, specific addresses may be entered that correspond with each dependent.
- **IMPORTANT** – orders placed for members in different locations must be made separately. If medications are ordered for two or more members in different locations, the order will be shipped to the address of the primary cardholder.



Access your medications 24/7

1. Go to blueprintportal.com
2. Sign in or register with your member ID number or last four digits of your social security number
3. Select **Pharmacy** from the Menu
4. Click **Go to Caremark** to find a CVS or Target pharmacy near you



On the go?

Download the Blueprint Portal app to access, share or fax your ID card anytime. You can also access many more features through the app to manage your health plan.

