

Nurse24SM

When you need a source you can trust



Nurse24SM gives you access to a registered nurse 24 hours a day, seven days a week, 365 days a year. The experienced nursing staff is ready to help you make informed healthcare choices. Best of all, this confidential program is free for you as part of your health plan.

Call toll-free, **800-318-2384** to talk with a registered nurse about:

- Home treatment of minor illness and injury
- When to call a health professional
- How to effectively communicate with your doctor
- How to prepare for doctor visits
- How to make wise decisions about tests, medications and procedures
- How to make lifestyle choices to improve your health
- Understanding your prescription medications and how to make them work for you

The toll-free nurse line is FREE and included in your health plan.

Bilingual nurses are available 24 hours a day, seven days a week