



2023

Summary of Benefits

BlueMedicare Value (PFFS) H4213-016-003

The service area for **BlueMedicare Value (PFFS)** includes the following Arkansas counties: Benton, Carroll, Crawford, Faulkner, Franklin, Johnson, Logan, Madison, Perry, Pope, Scott, Sebastian, Washington, and Yell.

Pre-Enrollment Checklist

Before making an enrollment decision, it is important that you fully understand our benefits and rules. If you have any questions, you can call and speak to a customer service representative at **1-877-233-7022** (TTY: **711**).

Understanding the Benefits

- The Evidence of Coverage (EOC) provides a complete list of all coverage and services. It is important to review plan coverage, costs, and benefits before you enroll. Visit **www.arkbluemedicare.com** or call **1-877-233-7022** (TTY: **711**) to view a copy of the EOC.
- Review the Provider Directory (or ask your doctor) to make sure the doctors you see now are in the network. If they are not listed, it means you will likely have to select a new doctor.

Understanding Important Rules

- In addition to your monthly plan premium, you must continue to pay your Medicare Part B premium. This premium is normally taken out of your Social Security check each month.
- Benefits, premiums, and/or copayments/coinsurance may change on January 1, 2024.
- Our plan allows you to see providers outside of our network (non-contracted providers). However, while we will pay for covered services, the provider must agree to treat you. Except in an emergency or urgent situation, non-contracted providers may deny care. In addition, you will pay a higher cost share for services received by non-contracted providers.

The benefit information provided is a summary of what we cover and what you pay. To get a complete list of services we cover, call us, and ask for the “Evidence of Coverage.” You may also view the “Evidence of Coverage” for this plan on our website at **www.arkbluemedicare.com**.

If you want to know more about the coverage and costs of Original Medicare, look in the current “Medicare & You” handbook. View it online at **www.medicare.gov** or get a copy by calling **1-800-MEDICARE (1-800-633-4227)**, 24 hours a day, seven days a week. TTY users should call **1-877-486-2048**.

Who can join?

To join, you must be entitled to Medicare Part A, enrolled in Medicare Part B, and live in our service area.

The service area for **BlueMedicare Value (PFFS)** includes the following Arkansas counties: Benton, Carroll, Crawford, Faulkner, Franklin, Johnson, Logan, Madison, Perry, Pope, Scott, Sebastian, Washington, and Yell.

Which doctors and hospitals can I use?

We have a network of doctors, hospitals, and other providers. If you use providers that are not in our network, the plan may not pay for these services.

You can see our plan's Provider Directory on our website at www.arkbluemedicare.com, or you can call us, and we will send you a copy of the Provider Directory.

Have questions? Call us.

If you are not a member of this plan, call us at **1-855-591-9794** (TTY: **711**).

If you are a member of this plan, call us at **1-877-233-7022** (TTY: **711**).

October 1 to March 31: We are available seven days a week from 8:00 a.m. to 8:00 p.m. Central, except for Thanksgiving and Christmas.

April 1 to September 30: We are available Monday through Friday, 8:00 a.m. to 8:00 p.m. Central.

You can visit our website at www.arkbluemedicare.com.

Monthly Premium, Deductible, and Limits	
Monthly Plan Premium You must continue to pay your Medicare Part B premium.	\$29
Medical Deductible	\$1,000 (out-of-network only)
Maximum Out-of-Pocket Responsibility The most you pay for copays, coinsurance, and other costs for medical services for the year.	Combined in- and out-of-network: \$7,500

Covered Medical and Hospital Benefits		
	In-Network or Out-of-Network (Out of Arkansas)	Out-of-Network (In Arkansas)
Acute Inpatient Hospital Coverage	\$390 copay per day for days 1–5 \$0 copay per day for days 6–90 \$0 copay per day for days 91 and beyond	40% coinsurance
Outpatient Hospital Coverage Outpatient surgery/non-surgery at an outpatient hospital: Outpatient observation:	\$340 copay \$340 copay	40% coinsurance 40% coinsurance
Ambulatory Surgical Center (ASC) Services	\$340 copay	40% coinsurance
Doctor Visits Primary care provider (PCP):	\$20 copay	40% coinsurance

Covered Medical and Hospital Benefits		
	In-Network or Out-of-Network (Out of Arkansas)	Out-of-Network (In Arkansas)
Specialist:	\$50 copay	40% coinsurance
Preventive Care Abdominal aortic aneurysm screening, alcohol misuse counseling, the Annual Wellness Visit, barium enema, bone mass measurement, breast cancer screening (mammogram), cardiovascular disease (behavioral therapy), cardiovascular screening, cervical and vaginal cancer screening, colorectal cancer screenings (colonoscopy, fecal occult blood test, flexible sigmoidoscopy), depression screening, diabetes screening, diabetes self-management training, digital rectal exam, electrocardiogram (EKG), glaucoma screening, HIV screening, lung cancer screening, medical nutrition therapy services, Medicare diabetes prevention program, obesity screening and counseling, prostate cancer screening (PSA), sexually transmitted infections screening and counseling, tobacco use cessation counseling (counseling for people with no sign of tobacco-related disease), vaccines (including flu shots, hepatitis B shots, and pneumococcal shots),	\$0 copay	40% coinsurance

Covered Medical and Hospital Benefits		
	In-Network or Out-of-Network (Out of Arkansas)	Out-of-Network (In Arkansas)
<p>and the "Welcome to Medicare" preventive visit (one-time)</p> <p>Any additional preventive services approved by Medicare during the contract year will be covered.</p>		
<p>Emergency Care</p> <p>Worldwide emergency or urgent care services:</p>	<p>\$95 copay</p> <p>20% coinsurance \$15,000 annual coverage limit</p>	<p>\$95 copay</p> <p>20% coinsurance \$15,000 annual coverage limit</p>
<p>Urgently Needed Services</p> <p>Worldwide emergency or urgent care services:</p>	<p>\$50 copay</p> <p>20% coinsurance \$15,000 annual coverage limit</p>	<p>\$50 copay</p> <p>20% coinsurance \$15,000 annual coverage limit</p>

Covered Medical and Hospital Benefits		
	In-Network or Out-of-Network (Out of Arkansas)	Out-of-Network (In Arkansas)
Diagnostic Services/Labs/Imaging		
Diagnostic tests and procedures:	0% coinsurance for a spirometry test 20% coinsurance for all other tests and procedures	40% coinsurance
Lab services:	\$0 copay	40% coinsurance
Diagnostic radiology:	\$0 copay for a diagnostic mammogram \$0 copay for a DEXA scan \$50 copay for services in a professional office or freestanding radiology clinic \$340 copay for services in an outpatient location	40% coinsurance
Therapeutic (radiation) radiology:	20% coinsurance	40% coinsurance
X-rays:	20% coinsurance	40% coinsurance

Covered Medical and Hospital Benefits

	In-Network or Out-of-Network (Out of Arkansas)	Out-of-Network (In Arkansas)
Hearing Services		
Medicare-covered hearing exam:	\$50 copay	40% coinsurance
Routine hearing exam:	\$0 copay (1 per year)	\$0 copay (1 per year)
Hearing aid fittings/evaluation:	\$0 copay (includes first year of follow-up provider visits)	\$0 copay (includes first year of follow-up provider visits)
Hearing aids:	<p>\$699 copay per hearing aid for Advanced hearing aids (up to 1 hearing aid per ear per year)</p> <p>\$999 copay per hearing aid for Premium hearing aids (up to 1 hearing aid per ear per year)</p> <p>Included with hearing aids: First year of provider follow-up visits, 80 batteries per hearing aid for non-rechargeable models, 60-day trial period, and 3-year warranty</p>	<p>\$699 copay per hearing aid for Advanced hearing aids (up to 1 hearing aid per ear per year)</p> <p>\$999 copay per hearing aid for Premium hearing aids (up to 1 hearing aid per ear per year)</p> <p>Included with hearing aids: First year of provider follow-up visits, 80 batteries per hearing aid for non-rechargeable models, 60-day trial period, and 3-year warranty</p>

Hearing Services – More Information

TruHearing providers and hearing aids must be used.

Covered Medical and Hospital Benefits		
	In-Network or Out-of-Network (Out of Arkansas)	Out-of-Network (In Arkansas)
Dental Services – Preventive Dental		
Comprehensive oral evaluation*:	\$0 copay (1 per lifetime per dentist)	50% coinsurance (1 per lifetime per dentist)
Oral exams*:	\$0 copay (2 per year)	50% coinsurance (2 per year)
Cleanings*:	\$0 copay (2 per year)	50% coinsurance (2 per year)
X-rays*:	\$0 copay (limits vary per service)	50% coinsurance (limits vary per service)
Fluoride treatments:	Not covered	Not covered
*Out of Arkansas and In Arkansas do not apply. Cost shares are in-network or out-of-network only.		
Dental Services – Comprehensive Dental		
Medicare-covered dental services:	\$50 copay	40% coinsurance
Fillings (white and silver)*:	50% coinsurance (1 per year)	50% coinsurance (1 per year)
Extractions*:	\$20 copay (2 per year)	50% coinsurance (2 per year)
Root canals:	Not covered	Not covered
Crowns:	Not covered	Not covered

Covered Medical and Hospital Benefits

	In-Network or Out-of-Network (Out of Arkansas)	Out-of-Network (In Arkansas)
Re-cementation of crowns:	Not covered	Not covered
Deep cleanings*:	50% coinsurance (1 per quadrant every 2 years, not to exceed 4 unique quadrants every 2 years)	50% coinsurance (1 per quadrant every 2 years, not to exceed 4 unique quadrants every 2 years)
Periodontal maintenance*:	50% coinsurance (2 per year)	50% coinsurance (2 per year)
Complete or partial dentures:	Not covered	Not covered
Complete or partial denture adjustments*:	\$20 copay (2 per year)	50% coinsurance (2 per year)
Complete or partial denture relines*:	50% coinsurance (1 upper and 1 lower every 3 years)	50% coinsurance (1 upper and 1 lower every 3 years)
Complete or partial denture rebase:	Not covered	Not covered
Denture repairs (after 6 months of placement)*:	50% coinsurance (2 per year with up to 5 total in 5 years)	50% coinsurance (2 per year with up to 5 total in 5 years)
*Out of Arkansas and In Arkansas do not apply. Cost shares are in-network or out-of-network only.	The plan covers up to \$2,000 combined for in-network and out-of-network for preventive and comprehensive dental per year.	The plan covers up to \$2,000 combined for in-network and out-of-network for preventive and comprehensive dental per year.

Covered Medical and Hospital Benefits		
	In-Network or Out-of-Network (Out of Arkansas)	Out-of-Network (In Arkansas)
<p>Dental Services – Dental XtraSM</p> <p>A program for members who have diabetes, coronary artery disease (CAD), have suffered a stroke, or have been diagnosed with oral cancer, head and neck cancers, or Sjögren’s syndrome that provides qualifying members with enhanced dental benefits* .</p> <p>*Out of Arkansas and In Arkansas do not apply. Cost shares are in-network or out-of-network only.</p> <p>The benefits mentioned here are part of a special supplemental program for the chronically ill. Not all members qualify for them.</p>	\$0 copay	\$0 copay
<p>Dental Services – More Information</p> <p>Covered dental services are subject to conditions, limitations, exclusions, and maximums. Please see the EOC for details. Network dentists have agreed to provide services at a negotiated rate. If you see a network dentist, you cannot be billed more than that rate.</p> <p>Benefits received out-of-network are subject to any in-network benefit maximums, limitations, and/or exclusions. You may be billed by the out-of-network provider for any amount greater than the payment made by Arkansas Blue Medicare to the provider.</p> <p>To find an in-network dental provider, please visit www.arkbluemedicare.com.</p>		

Covered Medical and Hospital Benefits

	In-Network or Out-of-Network (Out of Arkansas)	Out-of-Network (In Arkansas)
Vision Services		
Medicare-covered diabetic retinopathy:	\$0 copay (for the 1 st exam, then the specialist copay will apply for additional exams)	40% coinsurance
Medicare-covered glaucoma screening:	\$0 copay	40% coinsurance
All other Medicare-covered eye exams:	\$50 copay	40% coinsurance
Routine eye exam:	Not covered	Not covered
Medicare-covered eyewear:	\$50 copay	40% coinsurance
Routine eyewear – contact lenses:	Not covered	Not covered
Routine eyewear – eyeglasses (lenses and frames):	Not covered	Not covered
Routine eyewear – upgrades:	Not covered	Not covered

Vision Services – More Information

To find an in-network vision provider, please visit www.arkbluemedicare.com.

Covered Medical and Hospital Benefits		
	In-Network or Out-of-Network (Out of Arkansas)	Out-of-Network (In Arkansas)
Mental Health Services		
Inpatient psychiatric hospital coverage:	\$320 copay per day for days 1–5 \$0 copay per day for days 6–90	40% coinsurance
Partial hospitalization:	\$55 copay	40% coinsurance
Outpatient mental health specialty and psychiatry individual sessions:	\$35 copay	40% coinsurance
Outpatient mental health specialty and psychiatry group sessions:	\$35 copay	40% coinsurance
Skilled Nursing Facility (SNF)	\$0 copay per day for days 1–20 \$196 copay per day for days 21–100	40% coinsurance
Rehabilitation/Therapy Services		
Cardiac rehabilitation:	\$40 copay	40% coinsurance
Intensive cardiac rehabilitation:	\$60 copay	40% coinsurance
Pulmonary rehabilitation:	\$20 copay	40% coinsurance
Supervised exercise therapy (SET) for peripheral artery disease (PAD):	\$25 copay	40% coinsurance
Occupational therapy:	\$40 copay	40% coinsurance
Physical therapy:	\$40 copay	40% coinsurance
Speech therapy:	\$40 copay	40% coinsurance

Covered Medical and Hospital Benefits		
	In-Network or Out-of-Network (Out of Arkansas)	Out-of-Network (In Arkansas)
Opioid treatment services:	\$50 copay	40% coinsurance
Ambulance Services		
Ground ambulance:	\$265 copay	\$265 copay
Air ambulance:	20% coinsurance	20% coinsurance
Transportation	Not covered	Not covered
Medicare Part B Drugs		
Chemotherapy/Radiation drugs:	20% coinsurance	40% coinsurance
Other Medicare Part B drugs:	20% coinsurance	40% coinsurance

Additional Benefits		
	In-Network or Out-of-Network (Out of Arkansas)	Out-of-Network (In Arkansas)
Chiropractic Services	\$15 copay	40% coinsurance
Medical Equipment/Supplies		
Durable medical equipment (DME):	20% coinsurance	20% coinsurance
Prosthetics:	20% coinsurance	20% coinsurance
Medical supplies:	20% coinsurance	20% coinsurance
Diabetic supplies:	\$0 copay for preferred supplies (Lifescan (i.e., OneTouch) and Ascensia (i.e., Contour) are our preferred manufacturers for diabetic supplies)	20% coinsurance
Continuous glucose monitors (CGMs):	\$0 copay (Dexcom and Freestyle are our preferred manufacturers for CGMs)	20% coinsurance
Diabetic therapeutic shoes or inserts:	20% coinsurance	20% coinsurance
Outpatient Substance Abuse Services		
Individual sessions:	\$40 copay	40% coinsurance
Group sessions:	\$40 copay	40% coinsurance
Podiatry		
Medicare-covered care:	\$50 copay	40% coinsurance
Routine care:	Not covered	Not covered

Additional Benefits		
	In-Network or Out-of-Network (Out of Arkansas)	Out-of-Network (In Arkansas)
Home Health Services	\$0 copay	40% coinsurance
Telehealth Services* PCP, urgently needed, and mental health (individual or group sessions) services: Specialist services: *Out of Arkansas and In Arkansas do not apply. Cost shares are in-network only.	\$0 copay \$50 copay	Not covered Not covered
Wellness Programs Additional physical exam: SilverSneakers® fitness program: Nurse24:	\$0 copay (1 per year) \$0 copay You'll have access to a fitness benefit virtually and at participating SilverSneakers facilities, giving you access to instructor-led group exercise classes, exercise equipment, and options to get active outside of traditional gyms, as well as virtual options. \$0 copay You'll have access to the Nurse24 nurse advice line 24 hours a day, seven days a week, 365 days a year. Registered nurses can provide	40% coinsurance (1 per year) Only SilverSneakers participating facilities can be used. Only the Nurse24 nurse line can be used.

Additional Benefits		
	In-Network or Out-of-Network (Out of Arkansas)	Out-of-Network (In Arkansas)
	information on home treatment of minor illnesses and injuries, how to prepare for doctor visits, and much more.	

To accommodate members who travel and may live out-of-state for part of the year, we cover out-of-network out-of-Arkansas services at in-network cost sharing.

The \$1,000 out-of-network deductible only applies to services received within the State of Arkansas from non-contracted providers (providers not in our network).

Arkansas Blue Medicare is an affiliate of Arkansas Blue Cross and Blue Shield. Arkansas Blue Medicare is the trade name for Arkansas Blue Medicare PFFS. Arkansas Blue Medicare offers HMO, PFFS, PPO, and PDP plans with Medicare contracts. Enrollment in Arkansas Blue Medicare depends on contract renewal.

If you have any questions, please contact our Customer Service at **1-877-233-7022**. (TTY users should call **711**.) Hours are 8:00 a.m.–8:00 p.m. Central, seven days a week, from October 1–March 31, except for Thanksgiving and Christmas. From April 1 to September 30, we are open Monday–Friday, 8:00 a.m.–8:00 p.m. Central.

ATTENTION: If you speak Spanish, language assistance services, free of charge, are available to you. Call **1-877-233-7022** (TTY: **711**).

