

Taking care of yourself has never been so rewarding! The Arkansas Healthy Blue Member Rewards program offers up to \$275 in rewards for completing eligible health actions.

Complete these activities to earn Healthy Blue Rewards:

- Complete a Medicare Annual Wellness Visit – **earn \$50**
- During the Annual Wellness Visit with your Primary Care Physician be sure to discuss completing any of these screenings/tests/vaccines that apply to you and your health:
 - Get a mammogram – **earn \$25**
 - Complete an HbA1c test - **earn \$25**
 - Complete a diabetic retinal eye exam - **earn \$25**
 - Complete both a diabetic retinal eye exam and two HbA1c tests – **get a FarmBoxRx®**
 - Get a colonoscopy – **earn \$50**
 - Flu vaccine (available in Fall 2023) **earn \$15**
- Register for Healthy Blue Rewards – **earn \$10**
- Submit a Health Risk Assessment – **get a FarmBoxRx®**
- Read six health education articles – **earn \$15**
- Complete the Health Plan Feedback Survey – **earn \$10**
- Complete at least 2 Health Journey Surveys – **earn \$10**
- Register for Rx Savings Solutions online or via telephone - **earn \$5**

Use your earnings to redeem Healthy Blue Rewards for gas, food, fitness merchandise, wellness accessories and more!

Visit www.ArkansasHealthyBlue.Healthmine.com, call 1-800-960-6360 (TTY 711) or download the **Arkansas Healthy Blue Rewards mobile app** to learn more about 2023 eligible activities.

Registration is required to participate. Visit ArkansasHealthyBlue.Healthmine.com to register and see which healthy behaviors earn rewards. **If you do not have internet access, call Healthy Blue Rewards Customer Service at 1-800-960-6360 (TTY 711).** Maximum annual rewards of \$275 per year. Total rewards amount is dependent on eligibility for specific healthy behaviors, which will vary by individual. One reward per healthy behavior per year and dates of service must be in the current plan year. Rewards will be administered once the claim is processed, which can take up to 90 days. If you have other questions, please call Healthy Blue Rewards Customer Service at 1-800-960-6360 (TTY 711) from Monday through Friday 8:00 a.m. to 8:00 p.m. Central Time. FarmboxRx® is an independent company contracted with Arkansas Blue Medicare to provide a fresh food delivery benefit to our members. Healthmine, Inc., is an independent company that contracts with Arkansas Blue Medicare to provide Medicare Advantage member rewards programs. Rx Savings Solutions is an independent company that provides prescription drug cost-analysis services for Arkansas Blue Medicare's members and is not affiliated with Arkansas Blue Medicare or Arkansas Blue Cross and Blue Shield. Copyright © 2023 Arkansas Blue Medicare.