



Take good care.

Take Good Care Calming Room Application Guidelines

Please provide:

- Explanation of how your school's students will benefit from a Calming Room
- Application completed and submitted by an adult staff member of the school — principal, teacher, counselor, nurse, etc.
- An explanation of how you plan to make the Calming Room a success
- A description of the space in the school you will use to create a Calming Room – verify location
- An explanation of who will be responsible for maintaining/monitoring the room
- An explanation of how you plan to spend the \$2,500 to create the Calming Room (include paint, fixtures, furniture, accessories, etc.)
- Information about whether your school will have a budget to maintain and enhance the Calming Room going forward
- Contact information of a staff member to communicate with Arkansas Blue Cross representatives for PR purposes, including room dedication, Calming Room progress, etc.
- Confirmation of willingness to submit progress pictures of room development, pictures of room completion and be featured on social media, in Arkansas Blue Cross' member magazine and other media outlets
- Agreement to have the Calming Room completed by May 1, 2024
- Agreement to terms and conditions, which includes permission from your school's principal.

Apply by September 22, 2023.

Recipients will be announced November 1, 2023.

Learn more and apply at
arkbluecross.com/calmingrooms
or scan the QR code.

