AUTHORIZATION FOR RELEASE OF INFORMATION

| I, hereby authorize Arkansas Blue Cross and Blue Shield, their | |
|--|---|
| directors, officers, employees and agent | s, to disclose to |
| | all information or data in |
| any form, whether oral, written, electro | nic, video, or computer data, which relates to or |
| references | The information which I hereby |
| authorize to be disclosed shall include, b | out shall not be limited to any information showing, |
| relating to or arising from: (I) any benefi | t claims, or the processing, payment, denial or appeal of |
| such claims; or (ii) the services provided | by Arkansas Blue Cross and Blue Shield; or (iii) any |
| medical records, notes, or documents of | any kind; or (iv) any communications, notes or |
| statements of any person or entity regar | ding or relating to any of the foregoing. This |
| authorization shall remain valid and effe | ctive until such time as I have delivered written notice to |
| either the person at Arkansas Blue Cross | and Blue Shield who obtained this authorization from |
| me or to an officer of Arkansas Blue Cros | ss and Blue Shield that I intend to revoke the |
| authorization. I understand and agree th | at this authorization shall apply to all information |
| disclosed by Arkansas Blue Cross and Blu | ue Shield prior to the time that my written notice of |
| revocation is actually received by either | the person who obtained it from me or an officer of |
| Arkansas Blue Cross and Blue Shield, as i | referenced above. |
| Signature | Date Signed |
| Name – Printed | Arkansas Blue Cross I.D. # |

The request must be mailed or faxed to Arkansas Blue Cross and Blue Shield

Attn: Customer Service

PO Box 2181

Little Rock, AR 72203

For Metallic Plan Members (Gold, Silver, Bronze Catastrophic) Fax Number: 501-378-2562

For all other members (including dental and non-metallic medical plans):

Fax Number: 501-378-2058