

2023 AFFORDABLE CARE ACT (ACA) PLANS

FOR YOU & YOUR FAMILY



Arkansas
BlueCross BlueShield

An Independent Licensee of the Blue Cross and Blue Shield Association

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- Access to more doctors, hospitals and top specialists*
- Coverage that's chosen by more doctors for their own families*
- A plan that opens doors in all 50 states*
- Locations throughout Arkansas to serve you
- The peace of mind that comes with an Arkansas Blue Cross and Blue Shield card in your pocket

* Blue Cross and/or Blue Shield Plans exist in every state and every county in the United States and are connected by the BlueCard provider network. Out-of-area benefits for ARHOME plans, Silver 6 and Bronze 3 are restricted to urgent or emergent services and/or services that receive prior approval. Health Market Science (HMS) Provider MasterFile, Q12013 and BCBSA Provider Data Repository (PDR); 92.1% of all actively practicing doctors and specialists are contracted with a Blue Plan.

WHY CONSIDER AN ACA PLAN?

1 YOU CAN'T BE TURNED DOWN.

You'll be able to enroll in a health insurance plan even if you have a pre-existing condition.

2 YOU MIGHT SAVE MONEY.

We can tell you if you qualify for financial assistance that will help lower your monthly premiums. In 2022, 84% of Arkansas Blue Cross Health Insurance Marketplace members received financial assistance. The average amount of that assistance was \$674 a month.*

3 ENROLLING IS EASY.

Each year, there is an Open Enrollment Period (OEP). This is your chance to join or switch to the health plan you really want.

- The OEP for 2023 is November 1, 2022 to January 15, 2023. Enroll by December 15, 2022 for coverage to start January 1.
- It's possible to enroll outside the OEP. Significant events such as marriage, childbirth or losing employer coverage might make you eligible.**

4 ESSENTIAL HEALTH BENEFITS ARE COVERED.

Our plans cover all essential health benefit categories required by the healthcare law. To learn more, see page 7.

FIND OUT IF YOU QUALIFY
FOR LOW-COST
HEALTH INSURANCE

FINANCIAL ASSISTANCE

In **2022: 84%** percent of Arkansas Blue Cross members who bought plans on the Health Insurance Marketplace received financial assistance and the average amount of that assistance was **\$674** per month.* Call today to see if you qualify.

FREE RATE QUOTE!

CALL YOUR AGENT TODAY!

*Arkansas Blue Cross and Blue Shield records, as of August 31, 2022.

**Typically, these special circumstances require enrollment into a health plan within 60 days of the life event. An Arkansas Blue Cross agent can make sense of the enrollment process and help walk you through it.

KEY BENEFITS

| | Bronze Plan 1 | Bronze Plan HSA 1 | Silver Plan 1 | Silver Plan 2 | Silver Plan HSA 1 | Gold Plan HSA 1 |
|--------------------------------------------------------------|---------------------------|---------------------------|------------------------------------|------------------------------------|-----------------------------------|---------------------------|
| | YOU PAY | YOU PAY | YOU PAY | YOU PAY | YOU PAY | YOU PAY |
| Preventive Services | \$0 | \$0 | \$0 | \$0 | \$0 | \$0 |
| Adult Routine Vision | \$0 | \$0 | \$0 | \$0 | \$0 | \$0 |
| First Two Primary Care Provider Office Visits | \$0 | deductible/0% coinsurance | \$0 | \$0 | deductible/20% coinsurance | deductible/0% coinsurance |
| Primary Care Provider Office Visit (After First Two Visits) | \$45 copay | deductible/0% coinsurance | \$35 copay | \$0 copay | deductible/20% coinsurance | deductible/0% coinsurance |
| Individual Deductible | \$8,550 | \$7,000 | \$3,350 | \$6,750 | \$3,975 | \$3,525 |
| Family Deductible | \$17,100 | \$14,000 | \$6,700 | \$13,500 | \$7,950 | \$7,050 |
| Preventive (Tier 1) PRESCRIPTION DRUGS | \$0 | \$0 | \$0 | \$0 | \$0 | \$0 |
| Generic (Tier 2) [†] PRESCRIPTION DRUGS | \$30/\$60 copay | deductible/0% coinsurance | \$25/\$50 copay | \$30/\$60 copay | \$20/\$40 copay after deductible | deductible/0% coinsurance |
| Individual Drug Deductible | see medical deductible | see medical deductible | \$700 | \$1,800 | see medical deductible | see medical deductible |
| Family Drug Deductible | see medical deductible | see medical deductible | \$1,400 | \$3,600 | see medical deductible | see medical deductible |
| Preferred Brand (Tier 3) [†] PRESCRIPTION DRUGS | deductible/0% coinsurance | deductible/0% coinsurance | \$80/\$160 copay after deductible | \$80/\$160 copay after deductible | \$40/\$80 copay after deductible | deductible/0% coinsurance |
| Non-Preferred Brand (Tier 4) [†] PRESCRIPTION DRUGS | deductible/0% coinsurance | deductible/0% coinsurance | \$150/\$300 copay after deductible | \$160/\$320 copay after deductible | \$80/\$160 copay after deductible | deductible/0% coinsurance |
| Specialty (Tier 5) PRESCRIPTION DRUGS | deductible/0% coinsurance | deductible/0% coinsurance | deductible/40% coinsurance | \$350 copay after deductible | deductible/20% coinsurance | deductible/0% coinsurance |
| Specialty (Tier 6) PRESCRIPTION DRUGS | deductible/0% coinsurance | deductible/0% coinsurance | deductible/50% coinsurance | \$400 copay after deductible | deductible/20% coinsurance | deductible/0% coinsurance |
| Individual Out-of-Pocket Max | \$8,550 | \$7,000 | \$8,950 | \$8,550 | \$6,380 | \$3,525 |
| Family Out-of-Pocket Max | \$17,100 | \$14,000 | \$17,900 | \$17,100 | \$12,760 | \$7,050 |

Arkansas Blue Cross and Blue Shield is a Qualified Health Plan issuer in the Health Insurance Marketplace.

WHY AREN'T THERE MONTHLY PREMIUMS ON THIS GRID?

Our qualified health plans are age, tobacco and area-rated, meaning the monthly premium is based on your age, residence and tobacco usage. Also, depending on your annual income, you may qualify for financial assistance, which would lower your monthly premium. Through government financial assistance, many Arkansans will be able to get a health plan for a very low cost and maybe even free. (Note: Information in the grid represents in-network benefits.)

| Bronze Plan 3 (No BlueCard) | Silver Plan 6 (No BlueCard) | Bronze Plan Standardized (No BlueCard) | Silver Plan Standardized (No BlueCard) | Gold Plan Standardized (No BlueCard) | NOTES |
|--------------------------------|--------------------------------|-------------------------------------------|-------------------------------------------|-----------------------------------------|-------|
| YOU PAY | YOU PAY | YOU PAY | YOU PAY | YOU PAY | |
| \$0 | \$0 | \$0 | \$0 | \$0 | |
| \$0 | \$0 | \$0 | \$0 | \$0 | |
| \$65 copay | \$0 | deductible/0% coinsurance | \$40 copay | \$30 copay | |
| \$65 copay | \$50 copay | deductible/0% coinsurance | \$40 copay | \$30 copay | |
| \$3,000 | \$0 | \$9,100 | \$5,800 | \$2,000 | |
| \$6,000 | \$0 | \$18,200 | \$11,600 | \$4,000 | |
| \$0 | \$0 | \$0 | \$0 | \$0 | |
| \$30/\$60 copay | \$30/\$60 copay | deductible/0% coinsurance | \$20/\$40 copay | \$15/\$30 copay | |
| \$2,900 | \$1,900 | see med ded | see med ded | see med ded | |
| \$5,800 | \$3,800 | see med ded | see med ded | see med ded | |
| deductible/50% coinsurance | deductible/50% coinsurance | deductible/0% coinsurance | \$40/\$80 copay | \$30/\$60 copay | |
| deductible/50% coinsurance | deductible/50% coinsurance | deductible/0% coinsurance | \$80/\$160 copay after ded | \$60/\$120 copay | |
| deductible/50% coinsurance | deductible/50% coinsurance | deductible/0% coinsurance | \$350 copay after ded | \$250 copay | |
| deductible/50% coinsurance | deductible/50% coinsurance | deductible/0% coinsurance | \$350 copay after ded | \$250 copay | |
| \$8,800 | \$8,700 | \$9,100 | \$8,900 | \$8,700 | |
| \$17,600 | \$17,400 | \$18,200 | \$17,800 | \$17,400 | |

Off-Exchange Plans: Plans only available if purchased directly from Arkansas Blue Cross and Blue Shield.

¹ For maintenance drugs in tiers 2-4, if you utilize our mail order program, you will receive a three-month supply of drugs for the cost of a two-month supply.

ADDITIONAL BENEFITS



BLUE 365

Arkansas Blue Cross and Blue Shield members get Blue365, a free program that offers discounts on a range of products including eyeglasses, hearing aids, gym memberships, hotels and athletic gear, just for being Blue. To learn more visit blue365deals.com.



HEALTH RISK ASSESSMENT (HRA)

We offer free online HRAs that help you understand your current health, spot your health trends and track your health risks.



MAIL ORDER PRESCRIPTIONS

With our individual health plans, you have the option to receive prescription drug deliveries directly to your home or other location that works best for you. Medicine arrives in private, tamper-resistant and temperature-controlled packaging. And, automatic refill options will help you stay on track.



CALL YOUR AGENT.

Visit arkbluecross.com/shopplans to learn more!

MAKING SENSE OF SECURITY

COINSURANCE: Coinsurance is your share of the costs, usually after you've met your deductible. For example, if your plan pays 80% for a service, you would pay 20% in coinsurance. With your Arkansas Blue Cross plan, when reach your out-of-pocket max, you no longer have to pay coinsurance for covered services.

COPAYS: Copays are what you pay at the doctor or pharmacy. They do not count against your deductible. An example would be paying \$25 at a doctor's visit or \$15 for a prescription. With your Arkansas Blue Cross plan, when your out-of-pocket max is met, you no longer have to pay copayments for covered services.

ESSENTIAL HEALTH BENEFITS*: Our plans cover the essential health benefit categories required by the healthcare law. The essential health benefit categories are: ambulatory patient services, emergency services, hospitalization, pregnancy, maternity and newborn care, mental health and substance use disorder services, prescription drugs, rehabilitative and habilitative services and devices, laboratory services, preventive and wellness services and pediatric services.

NEGOTIATED DISCOUNTS: Arkansas Blue Cross and Blue Shield has agreements with thousands of doctors statewide. These doctors make up our provider network. By seeing a doctor in our provider network, you receive discounts on healthcare services. Some examples of these discounts can be seen in the chart below.

OUT-OF-POCKET MAXIMUM: The out-of-pocket max is the most you'll spend for covered medical services in a year. After you reach this amount, you will no longer have to pay coinsurance or deductibles. (This does not include your monthly premium.)

PRIMARY CARE PROVIDER (PCP): A doctor who directly provides or coordinates a range of healthcare services for a patient (family doctor, general practice, internal medicine doctor or pediatrician).

QUALIFYING LIFE EVENT: A change in your life that makes you eligible to make changes to your current plan or enroll in a health plan outside of the Open Enrollment Period. Examples include moving to a new state, losing employer coverage, marriage, divorce or birth of a child.



Many Arkansans may be eligible to receive a tax credit that could lower their monthly health insurance premium. Some may receive a tax credit so they will have a very low or even \$0 monthly premium. Many Arkansans may be able to get free health insurance through a new program called ARHome. Many Arkansans may qualify for an Arkansas Blue Cross health insurance plan with no monthly premium. With ARHome, you can see any Arkansas Blue Cross doctor you choose, your preventive care will be covered at no cost to you and you'll receive access to the kind of high-quality healthcare for which Arkansas Blue Cross has built a reputation. We can help you find out if you qualify for a free health insurance plan from Arkansas Blue Cross.

The Affordable Care Act (ACA) includes a number of special provisions for American Indians and Alaskan Natives, such as: 1) They can get services from the Indian Health Services, tribal health programs or urban Indian health programs; 2) They may receive services at no cost sharing; and 3) They may have special monthly enrollment periods.

For out-of-network coverage cost sharing increases, and the balance billing (the difference between the provider's bill and the Arkansas Blue Cross and Blue Shield allowed amount) must be paid by the policyholder. Arkansas Blue Cross qualified health plans have limitations and terms under which the insurance policy may be continued or discontinued. The plans are age-rated, area-rated, and tobacco-rated, meaning premiums are based on the age, residence and tobacco usage of the covered person.

Benefits and Services Not Included: Injuries or diseases caused by war; dentistry (except for some oral surgery); eye refractions, eyeglasses for adults unless needed because of accidental injury; cosmetic surgeries, unless needed because of accidental injury; services or supplies not medically necessary; medical or hospital services collectible under Workers Compensation or any law providing benefits for dependents of military personnel; services rendered in government hospitals; inpatient services, if they could have been performed safely and adequately on an outpatient basis; services and supplies which are experimental or investigational in nature; benefits provided under Medicare or other government programs (except Medicaid); services of social workers, unless included as part of the daily room and board allowance; radial keratotomy or epikeratophakia or any services performed to correct nearsightedness; hospital and physician services for rest cures; services by an immediate relative (spouse, parents, children, brother, sister or legal guardian); dietary supplements when used in connection with weight reduction programs. Benefits and services are not included for any treatment (surgical or nonsurgical) for weight loss. Renewal may be refused by class.

Limitations of Hospital Benefits: Arkansas Blue Cross requires pre-admission approval for all non-emergent hospital admissions. Out of Area non-emergent hospital admissions are not covered if the service is available in the Policy's Service area. For prior approval please call the toll-free number on the back of your ID card. Services rendered in a hospital outside of the United States of America will be paid at the sole discretion of the Plan.

Subrogation: If benefit payments are made for which a third party may be liable, Arkansas Blue Cross is entitled to recovery out of payments made by that third party to the full extent of benefits paid.

Coordination Against Group and Major Medical Coverage: Benefits for services or supplies available to you under any other group or blanket disability insurance, Union Welfare Plan, employer or employee benefit organization, self-insurance or any other non-regulated group disability benefits plan, major medical policy or no-fault automobile liability insurance will be coordinated so that the total amount of benefits payable from all these plans combined does not exceed 100 percent of actual medical expenses.

IMPORTANT NOTE: Your premium will be accepted after coverage has been approved. This outline of coverage provides a brief description of the important features of the Arkansas Blue Cross qualified health plan insurance policies. The outline is not the policy, and only the actual policy provisions will control. The policy itself sets forth in detail the rights and obligations of both you and your insurance company. It is, therefore, important that you read the policy carefully. Changes to this policy only may be made during the annual open enrollment period or as a result of a special enrollment period.

Our Company complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-844-662-2276. CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-844-662-2276.



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