

Medi-Pak Application

For individuals eligible to enroll in Medicare before January 1, 2020

Before completing this application, please read the following instructions:

- This application is a legal document. If you are approved for coverage, it will become part of your contract. Therefore, it is very important that you provide **all** requested information and that it is accurate and legible.
- Some people have guaranteed rights into some Medicare Supplement plans. If this applies to you, you are **not** required to complete the health questions (Sections 12, 13, or 14) or the Authorization to Disclose Protected Health Information (next page). If you do not have these guaranteed rights, please make sure you complete the health questions and the authorization form.
- This application must be completed in dark blue or black ink. **No pencil please.**
- If you make a mistake, please mark through the incorrect information, initial it, and then provide the correct information.
- **Do not use liquid paper, correction tape, or "white out" to correct any mistakes you make on this application.**
- Any attached sheets must be signed and dated.
- Please ensure that you sign and date the application.
- Please do **not** send money with this application.
- **We strongly encourage you to save a copy of this completed application for your records.**

Policy Effective Dates

The policy will become effective on the 1st of the month. Once your application is approved, we will attempt to contact you if we are unable to process your application with the effective date you requested. Rules for effective dates are:

- You **cannot** have an effective date prior to your Medicare Part A and Part B effective dates.
- You **cannot** have an effective date prior to your termination from a Medicare Advantage plan.
- You **cannot** have an effective date prior to your application submit date.

What Is Open Enrollment?

State and federal laws guarantee that for a period of six months from the date you are both enrolled in Medicare Part B and are age 65 or older, you have a right to buy the Medicare Supplement policy of your choice, regardless of any health problems you may have. Your open enrollment period begins with the first day of your birth month and continues for six months. If your birthday falls on the first day of the month, your Medicare coverage will begin the first day of the previous month, while you are age 64. Your open enrollment period will also begin at that time.



**Arkansas
BlueCross BlueShield**

An Independent Licensee of the Blue Cross and Blue Shield Association

00212.07.03-v071025-1223

AUTHORIZATION TO DISCLOSE PROTECTED HEALTH INFORMATION

As a condition of coverage and of my enrollment in the policy, I authorize any medical professional, medical care institution, pharmacy-related service organization, pharmacy benefits manager, or other provider of healthcare services or supplies, as well as any individual, company, or prior insurance carrier possessing relevant medical, health, treatment, or payment information, to provide Arkansas Blue Cross and Blue Shield and its affiliates or agents information concerning services, supplies, benefits, or payments provided or denied to me or to any family member listed in my application, including but not limited to any and all protected health information related to treatments where a restriction was requested for any healthcare item or service in relation to the healthcare provider having been paid in full out-of-pocket. I understand that information obtained as a result of this authorization will be used for the purpose of determining eligibility for coverage. This information may also be used by Arkansas Blue Cross and Blue Shield in investigating and adjudicating claims for benefits. I understand that in the course of its business operations, Arkansas Blue Cross and Blue Shield may disclose this information to others as required or permitted by law and as set out in the Arkansas Blue Cross and Blue Shield Notice of Privacy Practices.

I understand that information re-disclosed may no longer be protected by federal privacy regulations. This authorization does not provide for the disclosure of psychotherapy notes as defined in 45 CFR §164.501. I understand that I may terminate this authorization by sending a written revocation to Arkansas Blue Cross and Blue Shield, 601 Gaines, Little Rock, AR 72201. However, if I revoke this authorization before I am enrolled in the policy(ies), my application for coverage will be denied. Unless I revoke this authorization, it shall be valid for 30 months from the date of my signature for information collected in connection with review of this application; it is valid for the duration of the coverage for information collected in connection with investigation of claims. Both the federal government and the State of Arkansas have enacted electronic signature laws, which allow the use of electronic signatures in all areas of commerce. See the Electronic Signatures in Global and National Commerce Act 15 USC §§ 7001 et seq., the Arkansas Electronic Records and Signatures Act A.C.A. §§25-31-101 et seq., and the Uniform Electronic Transaction Act, A.C.A. §§25-31-101 et seq. Electronic signatures are specifically authorized in the business of insurance. See 15 USC §§ 7001(i).

This authorization includes authorization to release information on the diagnosis and treatment of mental illness, alcohol, and drug use, as well as authorization to release information on the diagnosis, treatment, and testing results related to HIV-AIDS and sexually transmitted diseases, unless otherwise restricted by applicable law.

Please note the following consequences if you decline to sign this authorization for release of your medical information, or if you later revoke it: In that event, we may be unable to process your application or evaluate a claim for coverage and would then deny your application or your claim for policy benefits.

This authorization must be signed by the proposed insured.

Proposed insured's name (print)	Signature	Date

Section 1 | Who is applying**First name****Middle
initial****Last name****Suffix****Sex****Date of birth****Social Security no.****Section 2 | Contact information*****Primary phone no.****Alternate phone no.****Email address****How do you prefer we communicate with you during the application process?**

Phone

Email

Note: By selecting your preferred contact method, you agree that all communication during the application process will be sent based on your selection; however, the alternate method(s) may be used if needed to reach you for purposes related to your application.

Important Opt-In Consent for Electronic Document Access and Delivery: By providing your email address or by checking this box, you agree that after enrollment we may communicate with you and provide your policy information to you electronically for your convenience, such as your health insurance plan documents, benefits, ID cards, explanation of benefits, claim status, and legal notices regarding your financial, privacy and healthcare rights under federal law. Opting into electronic delivery also allows us to communicate with you electronically, either directly or through one of our contracted business associates, regarding your plan, identification of healthcare providers participating in our networks, disease management, health education and health promotion, preventive care options, wellness programs, treatment options, care coordination, and case management assistance for you in connection with your plan through [Arkansas Blue Cross Blue Shield, Health Advantage, Octave Blue Cross and Blue Shield or Skai Blue Cross and Blue Shield] ("Plan"). Please note that you are responsible for updating your contact information. This electronic delivery will continue through any policy renewals or other changes. Once you are an enrolled member of a plan, if you want to change your communication preferences, including to opt-out of electronic delivery, you may:

- Update your communication preferences and/or contact information at blueprintportal.com

OR

- Call the Customer Service number located on your member ID card

If you register for Blueprint portal access after enrollment, this allows you to access your documents and information electronically through your own password-protected account. With the Blueprint portal, your documents can be viewed or printed using your computer or mobile device. The website may be accessed with most versions of Chrome, Firefox, Microsoft Edge, or Safari. You may also set your preferences at blueprintportal.com.

Consent to electronic delivery is not a condition of purchase, enrollment, or coverage. At no cost to you, you also may request a paper copy of a document, regardless of whether it is or has been delivered electronically.

By providing your mobile phone number, you agree that automated, informational text messages may be sent to you by or on behalf of your Plan to update you about new plan products and programs. You can opt-out of receiving such text messages at any time by responding STOP in a response text message. Standard mobile phone and/or text message charges may apply from your wireless provider. Frequency will vary.

Section 3 | Residential street

Residential street or P.O. Box	City	State AR	County	ZIP
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Section 4 | Mailing address (complete only if different than residential address)

Mailing street or P.O. Box	City	State	County	ZIP
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Section 5 | Billing address (complete only if different than residential address)

Billing street or P.O. Box	City	State	County	ZIP
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Section 6 | Medi-pak plan (choose one)

A B* C [D] F F High Deductible G N

*Plan designed for Medicare-disabled individuals not yet age 65

Section 7 | Requested effective date

What would you like your effective date to be? (**Note:** Changes can only become effective on the 1st of the month.)

Month	Day 01	Year
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Section 8 | Billing mode (check one only)

How do you want to be billed? Monthly bank draft Monthly invoice

Section 9 | Current Blue Cross coverage

Do you currently have Blue Cross and Blue Shield Coverage? Yes No

Your Blue Cross I.D. no.

City/State of Blue Cross plan

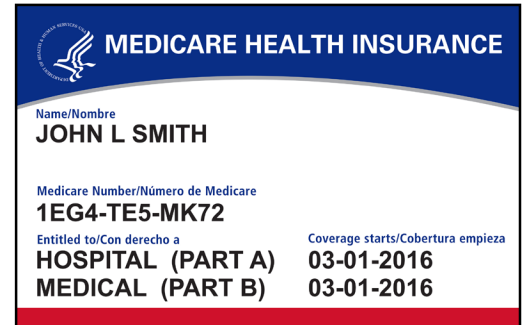
Section 10 | Please provide your Medicare insurance information

Please fill in these blanks so they match your red, white, and blue Medicare card. You must have both Medicare hospital (Part A) and medical (Part B) coverage to apply for Medi-Pak.

Medicare no.

Hospital (Part A) coverage starts: **Month** **Day** **Year**

Medical (Part B) coverage starts: **Month** **Day** **Year**



For office use only (do not write in this space)

Approved Denied

Date

I.D. no.

Group no.

Effective date

PKG

Home office endorsements

Section 11 | Eligibility questions

If you lost or are losing other health insurance coverage and received a notice from your prior insurer saying you were eligible for guaranteed issue of a Medicare Supplement insurance policy, or that you had certain rights to buy such a policy, you may be guaranteed acceptance in one or more of our Medicare Supplement plans. Please include a copy of the notice from your prior insurer with your application.

Please mark Yes or No below with an 'x' ---- to the best of your knowledge:

1. Yes No a. Did you turn age 65 in the last 6 months?
- Yes No b. Did you enroll in Medicare Part B in the last 6 months?
- c. If you answered **Yes** to 1b, what is the effective date? ____/____/____

2.	Yes No	Are you covered for medical assistance through the state Medicaid program? Note to applicant: If you are participating in a "Spend-Down Program" and have not met your "Share of Cost," please answer "NO" to this question. If you answered No to 2, please go to 3a. If you answered Yes to 2, please answer 2a and 2b.
	Yes No	a. Will Medicaid pay your premiums for this Medicare Supplement policy?
	Yes No	b. Do you receive any benefits from Medicaid OTHER THAN payments toward your Medicare Part B premium?
3.	Yes No	a. Have you had coverage from a Medicare Advantage (HMO, PPO, or PFFS) plan within the past 63 days? If you answered No to 3a, please go to 4a. If you answered Yes to 3a, please fill in your start and end dates below. Start ____ / ____ / ____ End ____ / ____ / ____
	Yes No	b. If you are still covered under the Medicare Advantage plan, do you intend to replace your current coverage with this new Medicare Supplement policy?
	Yes No	c. Was this your first time in this type of Medicare Advantage plan?
	Yes No	d. Did you drop a Medicare Supplement policy to enroll in the Medicare Advantage plan?
	Yes No	e. Did you move out of the service area of your Medicare Advantage plan?
	Yes No	f. Did your Medicare Advantage plan terminate its contract with CMS, cease to provide all services, violate its contract, or otherwise notify you that you were losing coverage and eligible for guaranteed issue into a Medigap policy?
4.	Yes No	a. Do you have another Medicare Supplement policy in force? If you answered No to 4a, please go to 5. If you answered Yes to 4a, please answer 4b and 4c. b. If so, with what company, and what plan do you have?
	Yes No	c. If so, do you plan to replace your current Medicare Supplement policy with this policy?
5.	Yes No	Have you had health insurance coverage under an employer/group or union (including COBRA) or Blue Cross individual plan within the past 63 days? If you answered Yes to 3 or 4, please answer No to 5. If you answered Yes to 5, please answer 5a and 5b. a. If so, with what company, and what kind of policy?
		b. What are your dates of coverage under the other policy? Please fill in your start and end dates below. Start ____ / ____ / ____ End ____ / ____ / ____



STOP

Do you need to complete the Medical Questionnaire?



If you are not in your Medicare Supplement Open Enrollment (see cover page for “What is Open Enrollment?”) then YES, you must answer ALL of the following health questions. Acceptance or rejection of your application is subject to your enrollment in Medicare Hospital (Part A) and Medical (Part B) coverage and our review of your answers to the medical questions. Applications cannot be processed unless all questions are answered.

During your Medicare Supplement Open Enrollment, you are NOT REQUIRED to complete the health questions (Sections 12, 13 or 14) or the Authorization to Disclose Protected Health Information (located after cover page). If you are in your Medicare Supplement Open Enrollment, please skip to Section 15.

Section 12 | Medical questionnaire

For each question checked below, give full details in the **additional medical information** section that follows.

In the last 10 years, have you been told you had: ***Each section must have at least one box checked**

A. Brain or nervous system disorders

Alzheimer’s disease or senile dementia
Amyotrophic lateral sclerosis (Lou Gehrig’s disease)
Convulsions, epilepsy, or seizures
Meningitis
Multiple sclerosis, muscular dystrophy, or myasthenia gravis
Neuritis
Paralysis or palsy
Parkinson’s disease
Polyneuritis
Vertigo, fainting, or dizziness
Any other disorder of the brain or nervous system

None of the above

B. Respiratory

Chronic obstructive pulmonary disease or asthma
Obstructive or reactive airway disorder
Sleep apnea (CPAP)
Any other disorder of the lungs, bronchial tubes, or respiratory system

None of the above

In the last 10 years, have you been told you had: ***Each section must have at least one box checked**

C. Digestive Cirrhosis Crohn's disease Gastric bypass surgery or other weight loss procedure Gastric or duodenal ulcer Hepatitis Irritable bowel syndrome or gastric esophageal reflux disorder (GERD) Pancreatitis Pyloric stenosis Ulcerative colitis Any other disorder of stomach, intestines, liver, gallbladder, or rectum None of the above	D. Ear/Eyes/Nose/Throat Cataracts or glaucoma Meniere's disease Any other disorder of the eyes, ears, nose, throat, or esophagus None of the above
E. Circulatory Angina, heart attack, or myocardial infarction Arteriosclerosis, coronary artery disease, shunt placement, and/or angioplasty Cerebrovascular accident (stroke), including transient ischemic attack (TIA) Chest pain, shortness of breath, heart murmur, palpitation of the heart, or rheumatic fever Heart bypass surgery or pacemaker implant Heart surgery High blood pressure Hemophilia Any other disorder of the heart, blood, blood vessels, or circulatory system None of the above	F. Cancers, lymphatic system, blood or skin disorders Anemia Cancer Hodgkin's disease Leukemia Melanoma, neoplasm, or tumor Any other disorder of the lymphatic system Any other disorder of the skin None of the above
G. Glandular disorders Adrenal disorders Diabetes or abnormal glucose Any other disorder of the pancreas, thyroid, pituitary, adrenal, or other glands None of the above	H. Musculoskeletal Arthritis Chronic fatigue Connective tissue disorder Fracture(s) or broken bone(s) Exposed bone Yes No Fibromyalgia Lupus or systemic Any other disorder of the muscles, bones, or joints None of the above

In the last 10 years, have you been told you had: ***Each section must have at least one box checked**

I. Kidney, urinary, reproductive

Abnormal Pap test
Bladder or renal stones
Dialysis
Nephritis
Nephrotic syndrome, renal disease, or failure
Sexually transmitted disease
Sugar, blood, or protein in urine
Any other disorder of the kidneys or urinary tract
Any other disorder of the reproductive organs, including prostate, ovaries, or breasts
None of the above

J. Mental/Emotional or substance abuse

Anxiety, depression, emotional problems, or nervous disorder
Drug overdose
Eating disorder
Psychiatric treatment
Any other mental, emotional disorder, or situation
None of the above

K. Other

Current patient in a hospital or nursing home
Sarcoidosis
Any other implant(s), prosthetic device(s), internal fixation device(s), or retained hardware (i.e., pins, wires, screws, shunts, or stents)
Acquired immune deficiency syndrome (AIDS), AIDS-related complex or immune deficiency disorder, or HIV
Transplant recipient (except corneal)
Any injury, deformity, incapacitation, disease, or condition not listed elsewhere
None of the above

Additional medical information

Give full details to conditions checked for questions A thru K.

- Under "Specific condition/illness and Type of treatment" below, in addition to condition/illness, please provide the type of treatment provided or planned. For example:
 - Surgery
 - Chiropractic treatments
 - Rehabilitation therapy —
 - Hospitalization
 - Nursing home confinement
 - (e.g., speech, physical, or
 - Emergency room visit
 - Doctor visits
 - occupational)
- Please ensure you include **all** the treatments that apply.
- **Please indicate the name(s) that would have been given at the time of the physician visit — e.g., a maiden name.**

Example:

Question number(s)	Condition/illness and Type of treatment	Date of first visit	Date of last visit	Total # of visits	Degree of recovery			Complete name and address of physician
					None	Partial	Full	
H	Specific condition/illness: Arthritis Type of treatment: Doctor visit	01 / 05 mo / yr	07 / 09 mo / yr	20		X		Dr. Jones 123 Main Street Anytown, AR 72221

Question number(s)	Condition/illness and Type of treatment	Date of first visit	Date of last visit	Total # of visits	Degree of recovery			Complete name and address of physician
					None	Partial	Full	
	Specific condition/illness: Type of treatment:	<u> </u> / <u> </u> yr	<u> </u> / <u> </u> yr					
	Specific condition/illness: Type of treatment:	<u> </u> / <u> </u> yr	<u> </u> / <u> </u> yr					
	Specific condition/illness: Type of treatment:	<u> </u> / <u> </u> yr	<u> </u> / <u> </u> yr					
	Specific condition/illness: Type of treatment:	<u> </u> / <u> </u> yr	<u> </u> / <u> </u> yr					
	Specific condition/illness: Type of treatment:	<u> </u> / <u> </u> yr	<u> </u> / <u> </u> yr					
	Specific condition/illness: Type of treatment:	<u> </u> / <u> </u> yr	<u> </u> / <u> </u> yr					

1. Height _____ Weight _____

2. Yes No Are you Medicare disabled? If **Yes**, please indicate disability condition(s):

3. Yes No Have you ever been declined or rated for the issuance of life, accident, health, or long-term care insurance? If **Yes**, please explain:

4. Yes No Have you used any form of tobacco within the last 12 months? If **Yes**, please indicate:

Type of tobacco _____

Amount _____

5. In the last 10 years, have you:

Yes No a. chronically or habitually used an alcoholic beverage(s) to the extent that your normal faculties were impaired; and/or been voluntarily or involuntarily committed to an alcohol abuse treatment facility; and/or been convicted of (2) or more offenses related to the use of alcohol; and/or been found to have blood alcohol concentrations of 0.08% (federal presumptive level of intoxication for driving) or greater? If **Yes**, please explain:

Yes No b. used any addictive or non-addictive drug or substance, except as provided by a physician? If **Yes**, please explain:

Yes No c. had unexplained or unintentional weight loss of 10 pounds or more? If **Yes**, please explain:

Yes No d. required the assistance of any other individual for performances of any activities of daily living? If **Yes**, please check all that apply:

Bathing

Dressing

Transferring

Eating

Toileting

Continence

Section 13 | Primary physician information**Complete name and address of physician****Date of last visit***

/ /
 mm / dd / yyyy

Reason for visit

No visit New patient Check-up Referral/Specialist Other

Section 14 | Prescription questionnaire

Yes No

Are you currently taking any prescription medication, or have you taken prescription medication in the **last 3 years?**

If you answered Yes, please provide full details below. A print out from the pharmacy is **not** acceptable.

Name of drug	Dosage	Specific condition or illness	Start date/ Stop date	Degree of recovery			Complete name and address of physician
				None	Partial	Full	
			/ mo yr / mo yr				
			/ mo yr / mo yr				
			/ mo yr / mo yr				
			/ mo yr / mo yr				
			/ mo yr / mo yr				
			/ mo yr / mo yr				
			/ mo yr / mo yr				

Section 15 | Important: Please read and sign**Send no money with this application. You will be billed.**

1. You do not need more than one Medicare Supplement policy.
2. If you purchase this policy, you may want to evaluate your existing health coverage and decide if you need multiple coverages.

3. You may be eligible for benefits under Medicaid and may not need a Medicare Supplement policy.
4. If, after purchasing this policy you become eligible for Medicaid, the benefits and premiums under your Medicare Supplement policy can be suspended, if requested, during your entitlement to benefits under Medicaid for 24 months. You must request this suspension within 90 days of becoming eligible for Medicaid. If you are no longer entitled to Medicaid, your suspended Medicare Supplement policy (or if that is no longer available, a substantially equivalent policy) will be reinstituted if requested within 90 days of losing Medicaid eligibility. If the Medicare Supplement policy provided coverage for outpatient prescription drugs and you enrolled in Medicare Part D while your policy was suspended, the reinstituted policy will not have outpatient prescription drug coverage, but will otherwise be substantially equivalent to your coverage before the date of suspension.
5. If you are eligible for, and have enrolled in a Medicare Supplement policy by reason of disability and you later become covered by an employer or union-based group health plan, the benefits and premiums under your Medicare Supplement policy can be suspended, if requested, while you are covered under the employer or union-based group health plan. If you suspend your Medicare Supplement policy under these circumstances, and later lose your employer or union-based group health plan, your suspended Medicare Supplement policy (or, if that is no longer available, a substantially equivalent policy) will be reinstituted if requested within 90 days of losing your employer or union-based group health plan. If the Medicare Supplement policy provided coverage for outpatient prescription drugs and you enrolled in Medicare Part D while your policy was suspended, the reinstituted policy will not have outpatient prescription drug coverage, but will otherwise be substantially equivalent to your coverage before the date of the suspension.
6. Counseling services may be available in your state to provide advice about your purchase of Medicare Supplement insurance and medical assistance through the state Medicaid program, including benefits as a Qualified Medicare Beneficiary (QMB) and a Specified Low-Income Medicare Beneficiary (SLMB).

In signing below, I represent that the statements and answers given in this application and any signed and dated addendum to this application are true, complete, and correctly recorded. I authorize and release to Arkansas Blue Cross and Blue Shield Title XVIII Medicare claims information needed to coordinate benefits with this policy at any time I am eligible for Medicare benefits. I (a) agree that this authorization shall be valid without time limit; and (b) agree that a photocopy of this authorization shall be as valid as the original and I understand that a copy is available to me upon request.

Arkansas Blue Cross and Blue Shield, its affiliates and partners may contact you, either directly or through a business associate, using your email address or telephone number regarding your health insurance plan or other promotional opportunities. You can manage your preferences or unsubscribe in Blueprint Portal at blueprintportal.com.

You may review our privacy and non-discrimination notices at arkbluecross.com/privacy, arkbluecross.com/financial-privacy and arkbluecross.com/notice.

Any person who knowingly presents a false or fraudulent claim for payment of a loss or benefit or knowingly presents false information in an application for insurance is guilty of a crime and may be subject to fines and confinement in prison.

X _____
Sign here (must be signed and dated by proposed insured)

Date

This section to be completed by sales representative

List any other health insurance policies you have sold to this applicant.

1. List policies sold that are still in force.
2. List policies sold in the past five (5) years that are no longer in force.

Sales rep NPN no. (required)	Sales representative's name (please print)	Telephone no.
Agency federal tax ID no. (If applicable)	Sales representative's signature X	Date signed

Comments:

Pre-authorized bank draft | Monthly program sign-up form

Our monthly bank draft service makes premium payments easy and convenient for you. Completing this simple form helps assure your payments are made accurately and timely.

Depending on the health insurance plan you are applying for and the date your application is approved, we may be able to draft your first month's premium. If so, you will be notified prior to the draft. Once the bank draft is in effect, you will not receive a billing statement.

Insured's information

First name		Last name		
Street address	Apt. no.	City	State	ZIP

Bank account information

Bank name

Name on account (if different than the proposed insured)

Routing no.

Account no.

Type of account

Checking Savings

J.L. Webb
123 Main Street
Anytown, USA 12345

DATE 1175

PAY TO THE ORDER OF \$

DOLLARS

MEMO

123456789 1234567890123 1175

Bank Routing Number Bank Account Number Check Number

Important: Please read before signing

I authorize Arkansas Blue Cross and Blue Shield and the BANK indicated above, to debit my Arkansas Blue Cross premium from my checking or savings account indicated above. This authority is to remain in full force and effect until my BANK has received written notification from me of the Pre-Authorized Bank Draft Program termination in such time and manner as to afford the BANK a reasonable opportunity to act on it, or until the BANK has sent me ten (10) days written notice of the BANK's termination of this agreement.

I understand that by revoking the Pre-Authorized Bank Draft Program after I have agreed to it, I also will be terminating my Arkansas Blue Cross coverage, UNLESS Arkansas Blue Cross has received written notice from me of my desire to continue coverage at least twenty (20) days prior to the next Pre-Authorized Bank Draft Program withdrawal date. I understand that an insufficient check fee will be assessed for any payment returned to Arkansas Blue Cross as a result of insufficient funds.

Signature

Signature of bank account holder

Date



For office use only (please do not write in this space)

ID no.	Effective date
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Please keep for your records

Fair Credit Reporting Act notice — notice to proposed insured

In connection with your application for insurance, an investigative consumer report may be prepared. Information may be obtained through personal interviews with your family, friends, neighbors, business associates, financial sources, or others with whom you are acquainted. This inquiry includes information as to your character and general reputation. If an investigative consumer report is prepared in connection with your application, you may receive a copy of that report upon written request to Arkansas Blue Cross and Blue Shield. Your written request should be forwarded to Arkansas Blue Cross and Blue Shield, Enterprise Underwriting, P.O. Box 2181, Little Rock, Arkansas 72203-2181.



P.O. Box 2181, Little Rock, AR 72203-2181

www.arkansasbluecross.com

NOTICE OF LANGUAGE ASSISTANCE, AUXILIARY AIDS/SERVICES AND NON-DISCRIMINATION NOTICE

We provide free language assistance, appropriate auxiliary aids and services, and reasonable modifications to people with disabilities to communicate effectively with us, such as qualified sign language interpreters, written information in various formats (large print, audio, accessible electronic formats, other formats), and language services to people whose primary language is not English, such as qualified interpreters and information written in other languages. If you need these services, call or contact Customer Service at 1-800-238-8379 (TTY: 711) or Civil Rights Coordinator.

ATTENTION: Free language assistance services are available to you. Appropriate auxiliary aids and services to provide information in assessable formats are available free of charge. Call 1-800-238-8379 (TTY: 711) or speak to your provider.

Spanish: ATENCIÓN: Disponemos de servicios gratuitos de asistencia lingüística. También hay disponibles de forma gratuita ayudas y servicios auxiliares adecuados para proporcionar información en formatos accesibles. Llame al 1-800-238-8379 (TTY: 711) o hable con su proveedor.

Chinese Simplified: 注意：提供免费语言服务。此外，免费提供适合残障人士使用的辅助和支持服务。请致电 1-800-238-8379 (TTY: 711) 或联系您的服务提供商。

Chinese Traditional: 注意：我們提供免費的語言協助服務，以及免費的適當輔助工具和其他服務，讓您能夠獲得無障礙格式的資訊。請撥打 1-800-238-8379 (TTY: 711) 或諮詢您的服務提供者。

Tagalog: PAUNAWA: Available para sa iyo ang mga libreng serbisyo sa tulong sa wika. Available rin nang walang bayad ang mga naaangkop na auxiliary na tulong at serbisyo para magbigay ng impormasyon sa mga naa-access na format. Tumawag sa 1-800-238-8379 (TTY: 711) o makipag-usap sa iyong provider.

French: ATTENTION : Des services d'assistance linguistique sont gratuitement mis à votre disposition. Des aides et services auxiliaires appropriés visant à vous informer dans des formats accessibles sont également mis à votre disposition gratuitement. Appelez le 1 800 238 8379 (TTY : 711) ou discutez avec votre prestataire.

Vietnamese: CHÚ Ý: Các dịch vụ hỗ trợ ngôn ngữ sẽ được cung cấp miễn phí cho quý vị. Các dịch vụ và hỗ trợ giao tiếp phù hợp nhằm cung cấp thông tin ở các định dạng dễ tiếp cận cũng được cung cấp hoàn toàn miễn phí. Hãy gọi 1-800-238-8379 (TTY: 711) hoặc trao đổi với nhà cung cấp của quý vị.

German: HINWEIS: Ihnen stehen kostenlose Sprachmittlungsdienste zur Verfügung. Entsprechende Hilfsmittel und Dienste zum barrierefreien Zugang zu Informationen stehen ebenfalls kostenfrei zur Verfügung. Rufen Sie 1-800-238-8379 (TTY: 711) an oder sprechen Sie mit Ihrem Leistungserbringer.

Korean: 주의: 무료 언어 지원 서비스를 이용하실 수 있습니다. 접근 가능한 형식으로 정보를 제공하기 위한 적절한 보조 도구와 서비스도 무료로 제공됩니다. 1-800-238-8379 (TTY: 711) 번으로 전화하거나 담당 서비스 제공자에게 문의하십시오.

Russian: ВНИМАНИЕ! Вам доступны бесплатные услуги языковой поддержки. Приемлемые вспомогательные средства и услуги по предоставлению информации в доступных форматах также предоставляются бесплатно. Позвоните по телефону 1-800-238-8379 (TTY: 711) или обратитесь к своему поставщику услуг.

ملاحظة: خدمات المساعدة اللغوية متاحة لك مجاناً، كما أن وسائل وخدمات المساعدة الإضافية المناسبة لتوفير المعلومات بصيغ يسهل عليك الوصول إليها متاحة مجاناً أيضاً. يرجى الاتصال على الرقم: 1-800-238-8379 (TTY: 711) أو التحدث إلى مقدم الرعاية

Hindi: ध्यान दें: आपके लिए निःशुल्क भाषा सहायता सेवाएं उपलब्ध हैं। आसान फॉर्मेट में सूचना उपलब्ध कराने के लिए उचित सहायक साधन और सेवाएं भी निःशुल्क उपलब्ध हैं। 1-800-238-8379 (TTY: 711) पर कॉल करें या अपने प्रदाता से बात करें।

Italian: ATTENZIONE: Ha a disposizione servizi di assistenza linguistica gratuiti. Potrà usufruire gratuitamente anche di sussidi e servizi ausiliari appropriati per ottenere le informazioni in formati accessibili. Chiami il numero 1-800-238-8379 (TTY: 711) o chiedi al suo operatore sanitario.

Portuguese: ATENÇÃO: Serviços gratuitos de assistência linguística estão disponíveis para você. Ajudas e serviços auxiliares apropriados para fornecer informações em formatos acessíveis também estão disponíveis gratuitamente. Ligue para 1-800-238-8379 (TTY: 711) ou fale com seu provedor.

French Creole: ATANSYON: Genyen sèvis asistans lang gratis disponib pou ou. Epitou, genyen lòt èd ak sèvis apwopriye disponib gratis pou ede moun jwenn enfòmasyon nan yon fòm ki aksesib. Rele 1-800-238-8379 (TTY: 711) oswa pale ak founisè w la.

Polish: UWAGA: może Pan/Pani skorzystać z bezpłatnych usług pomocy językowej. Odpowiednie dodatkowe pomoce i usługi w zakresie zapewniania dostępu do informacji w przystępnym formacie również są dostępne bezpłatnie. Prosimy dzwonić pod numer 1-800-238-8379 (TTY: 711) lub porozmawiać z lekarzem.

Japanese: 注意: 無料の言語サポートサービスをご利用いただけます。アクセシブルなフォーマットで情報を提供するための適切な援助やサービスも無料でご利用いただけます。1-800-238-8379 (TTY: 711) にお電話いただくか、医療提供者にご相談ください

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Our Company complies with applicable federal and state civil rights laws and does not discriminate, exclude, or treat people differently on the basis of race, color, national origin, age, disability, or sex.

If you believe that we have failed to provide these language assistance or auxiliary aids and services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex.

Civil Rights Coordinator

601 Gaines Street, Little Rock, AR 72201

Phone: 1-844-662-2276 (TTY: 711)

You can file a grievance in person, by mail, or by email. If you need help filing a grievance our Civil Rights Coordinator is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services

200 Independence Avenue SW., Room 509F, HHH Building, Washington, DC 20201

Phone: 1-800-368-1019; TDD: 1-800-537-7697

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.