

Blue is here to help



Arkansas Blue Medicare partners with Papa, Inc. to provide in-home support services*.

Papa Pals are available to:



Provide an extra set of hands, a shoulder to lean on, and a listening ear – when, where and how you need it.



Help with errands, meal prep, technology, rides to the doctor and more.



Offer access to 40-80 support hours* per year at no cost to you - with no required event.



Papa Pals follow safety protocols and undergo rigorous background checks and training.



Soliciting agent for Arkansas Blue Medicare.



An Independent Licensee of the Blue Cross and Blue Shield Association

*Please see plan documents for specific coverage details.

We do not offer every plan available in your area. Any information we provide is limited to those plans we do offer in your area. Please contact Medicare.gov or 1-800-MEDICARE to get information on all of your options. Arkansas Blue Medicare is the marketing name for USAble Mutual Insurance Company d/b/a Arkansas Blue Cross and Blue Shield, USAble PPO Insurance Company, and USAble HMO, Inc. Arkansas Blue Medicare offers HMO, PFFS, PPO, and PDP plans with Medicare contracts. Enrollment in Arkansas Blue Medicare depends on contract renewal. Arkansas Blue Cross and Blue Shield is an Independent Licensee of the Blue Cross and Blue Shield Association. © 2022 Arkansas Blue Cross and Blue Shield. All rights reserved.