



The Centers for Disease Control (CDC) recommends that people wear masks in public and when around people who don't live in your household.

Masks should NOT be worn by children under age 2 or anyone who has trouble breathing, is unconscious, incapacitated, or otherwise unable to remove the mask without assistance.

MASK PROTOCOL:

- Wash your hands before putting on your mask.
- Put it over your nose and mouth and secure it under your chin.
- Try to fit it snugly against the sides of your face.
- Make sure you can breathe easily.
- Don't put the mask around your neck or up on your forehead.
- Don't touch the mask, and, if you do, wash your hands or use hand sanitizer to disinfect.

CLEANING YOUR MASK:

- Untie the strings behind your head or stretch the ear loops.
- Handle only by the ear loops or ties.
- Be careful not to touch your eyes, nose, and mouth when removing.
- Fold outside corners together.
- Place mask in the washing machine.
- Wash your hands immediately after handling the mask.

Why do we need to wear masks?

To protect yourself as well as others.