

HEDIS Measure

Antidepressant Medication Management (AMM)

By working together, we can improve health outcomes for your patients, our members. The Healthcare Effectiveness Data and Information Set (HEDIS) helps us measure many aspects of performance. This tip sheet provides key details of the HEDIS measure for Antidepressant Medication Management (AMM).

What is the measure?

The percentage of members age 18 and older who were treated with antidepressant medication, had a diagnosis of major depression and who remained on an antidepressant medication treatment from May 1 of the year prior through April 30 of the measurement year. Two rates are reported:

- **Effective Acute Phase Treatment:** The percentage of members who remained on an antidepressant medication for at least 84 days (12 weeks) beginning on the date a new* antidepressant medication was prescribed
- **Effective Continuation Phase Treatment:** The percentage of members who remained on an antidepressant medication for at least 180 days (six months) beginning on the date a new* antidepressant medication was prescribed

*Newly treated with antidepressant medication means the member had no claims for an antidepressant medication for a period of 105 days prior to when the new antidepressant medication was prescribed.

Antidepressant Medications

Description	Prescription		
Miscellaneous antidepressants	Bupropion	Vilazodone	Vortioxetine
Monoamine oxidase inhibitors	Isocarboxazid Phenelzine	Selegiline Tranlycypromine	
Phenylpiperazine antidepressants	Nefazodone	Trazodone	
Psychotherapeutic combinations	Amitriptyline-chlordiazepoxide Amitriptyline-perphenazine		Fluoxetine-olanzapine
SNRI antidepressants	Desvenlafaxine Duloxetine	Levomilnacipran Venlafaxine	
SSRI antidepressants	Citalopram Escitalopram	Fluoxetine Fluvoxamine	Paroxetine Sertraline
Tetracyclic antidepressants	Maprotiline	Mirtazapine	
Tricyclic antidepressants	Amitriptyline Amoxapine Clomipramine	Desipramine Doxepin (>6 mg) Imipramine	Nortriptyline Protriptyline Trimipramine

All summaries of the measures contained herein are reproduced with permission from HEDIS Volume 2: Technical Specifications for Health Plans by the National Committee for Quality Assurance (NCQA). HEDIS® is a registered trademark of the NCQA.



Arkansas
BlueCross BlueShield

An Independent Licensee of the Blue Cross and Blue Shield Association

Diagnosis

Description ICD-10-CM Diagnosis

Major Depression F32.0 – F32.4; F32.9; F33.0 – F33.3; F33.41; F33.9

Visit Types with a Diagnosis of Major Depression

- An acute or nonacute inpatient stay
- An observation visit; an emergency department visit
- An outpatient visit; behavioral health outpatient; a community mental health center visit
- A telehealth visit; an e-visit or virtual check-in

Exclusions

Hospice or hospice services anytime during the measurement year

CPT: 99377, 99378

HCPCS: G0182, G9473 – G9479, Q5003-Q5008, Q5010, S9126, T2042 – T2046

Members who died any time during the measurement year

Best Practices

1. Closely monitor medication prescriptions and dispensing dates to avoid gaps in treatment and include a depression screening assessment with each patient encounter.
 - Use the PHQ 2 screening tool. If the result is positive, complete a PHQ 9 screening tool and follow up as appropriate based on the results.
 - Screening tools available at: <https://www.ndbh.com/PCP/DepressionToolkit>
2. Engage parents/guardian/family/support system and/or significant others in the treatment plan. Advise them about the importance of treatment and attending appointments.
3. Implement timely and appropriate coding practices to capture Behavioral Health screenings.
 - Conduct Behavioral Health screenings to provide initial and on-going measurement of treatment outcomes. Establish coding practices to capture use of these tools performed during Annual Wellness Visit and by PCP/Office staff throughout the year
4. Utilize Lucet, a New Directions company, Behavioral Health Network and Case Management services as needed.
 - FEP customer services: Use phone number on the back of the member ID card.
 - Lucet Behavioral Health Member services: Member can call Monday through Friday, 8 am. – 8 pm. ET, to receive assistance locating a behavioral healthcare professional or coordinating care at **800-367-0406** .
Email: <https://lucethealth.com/members/resources/>
 - Lucet Behavioral Health Physician and Case Management services: Providers seeking help locating a behavioral health professional or coordination of care for a patient can call the Lucet Case Management team at **800-367-0406** Monday through Friday, 7:30 am. –5:30 pm. ET.

References:

<https://www.nimh.nih.gov/health/publications/depression/>

<https://www.depression-primarycare.org/clinicians/toolkits/materials/forms/phq9/>

Content reproduced with permission from HEDIS® MY 2023 Volume 2: Technical Specifications for Health Plans by the National Committee for Quality Assurance (NCQA).

HEDIS measures and specifications are not clinical guidelines and do not establish a standard of medical care. NCQA makes no representations, warranties, or endorsement about the quality of any organization or physician that uses or reports performance measures and NCQA has no liability to anyone who relies on such measures or specifications. Limited proprietary coding sets are contained in the specifications for convenience, and users should obtain all necessary licenses from the owners of the code sets. NCQA disclaims all liability for use or accuracy of any coding contained in the specifications.

Arkansas Blue Cross Blue Shield is an Independent Licensee of the Blue Cross and Blue Shield Association.

00882.01.19-0224